



## *Lausanne (SUI), March 2017*

### **Corrections and adjustments in the Acro Rules 2017** (to be printed in color!)

#### **1. COP**

Please make the following corrections in the COP – these will be updated and corrected in the final published versions.

**Table of Contents:** Appendices  
Appendix 4 = Glossary of Terms.

Appendix 7: New appendix is added:

**“Invalid Results Designations based on Technical Regulation 8.5 Trampoline, Aerobic, Acrobatic Gymnastics”**

Appendix 8 = This will refer to the Jury of Appeal, Superior Jury, ... is not there yet but will be added in the final version: “Appendix to the COP: SJ, CJP, REF, JA, IRCOS...”

*Page 8*

- 2.2 Types of competitions:
- [Qualifications](#)
  - Team Ranking(See TR)
  - [Finals](#)

*Page 9*

4.2 and 5.1 [Appendix 8](#)

*Page 10*

[Appendix 8](#)

*Page 12*

Numbers [7.14](#) to [7.18](#)

*Page 13*

9.1 : [Appendix 8](#)

*Page 14*

10.14 Shorthand notation: [Appendix 5](#)

*Page 16*

11.26 [Appendix 8](#)

*Page 20*

16.2 The first note of the music indicates the beginning of the time of the exercise. ~~The first move made by one or more competitors from the start position is considered as the “start” of an exercise.~~ The end of the timing of an exercise is the last note of the music which must coincide with a static position of partners, ~~with the end of the music.~~

*Page 23*

19.10 Definition of an element of difficulty: (See [Appendix 2](#))

*Page 24*

20.12 Each pyramid must be a new construction starting from the floor. [Exception for men's group only:](#)  
[During the whole exercise, the top can go to a position of no value 1 time.](#)



20.17 **Transitional pyramids:** ~~At least one middle and/or base must change the point of support for a transition value to be given.~~ At least one box of the Tables of Difficulty must change. For evaluation of the whole transitional pyramid, all base values are given.

20.20 Definition of an element: (See Appendix 2)

Page 27

23.5 Only 1 element executed by the Men's Group working as two pairs, simultaneously or in immediate succession, will be evaluated for difficulty. The difficulty value of each pair element is added and divided by two.

Page 30

32.3 The timing of the exercise ~~continues until a final pose is held~~ starts with the beginning of the music and finishes at the end of the music.

Page 31

34: Competition attire ... (see appendix 6)

Page 35

37.7 Add: ..A penalty of 0.3 for incorrect Tariff Sheet (element order, wrong element,..) is applied only **one time per exercise**.

Page 40

43.2

1. Duration of Music over the time limit	0.1 per second
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11. Failure to observe publicity rules. (National Identification not clearly visible on attire.)	0.3
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Page 41

8. Elements not performed in the order declared/ or more elements declared than allowed/ <del>or different element performed than declared if counted for SR.</del>	0.3
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Page 42: The word “**unacceptable**” is removed because it was interpreted as offensive. The scales are adjusted because of that.

#### 44.3 SCALE FOR EACH CRITERIA

<b>Perfect:</b> 2.0	The routine includes/ demonstrates an <b>outstanding level</b> of the criteria.
<b>Excellent:</b> 1.8 – 1.9	The routine includes/ demonstrates <b>high level</b> of the criteria.
<b>Very Good:</b> 1.6 – 1.7	The routine includes/ demonstrates <b>very good level</b> of the criteria.
<b>Good:</b> 1.4 – 1.5	The routine includes/ demonstrates <b>good/average level</b> of the criteria.
<b>Satisfactory:</b> 1.2 – 1.3	The routine includes/ demonstrates <b>low level</b> of the criteria.
<b>Poor:</b> 1.0 – 1.1	The routine includes/ demonstrates a <b>very low level</b> of the criteria.



## REFERENCE RANGE OF ARTISTIC SCORE:

- |                           |                          |
|---------------------------|--------------------------|
| • <b>Perfect</b> routines | Score between 9.6 to 10  |
| • Excellent routines      | Score between 9.0 to 9.5 |
| • Very good routines      | Score between 8.0 to 8.9 |
| • Good routines           | Score between 7.0 to 7.9 |
| • Satisfactory routines   | Score between 6.0 to 6.9 |
| • Poor routines           | Score between 5.0 to 5.9 |

Page 44

5. Slip of a foot, hand or arm in climbing, balancing, transitions or catching		0.3	
--	--	-----	--

Page 47

9. ...size intolerance [from the final score of each exercise performed.](#)

Page 48

Error 4: Lordosis . ([Avoid pelvis tilt](#), hips pushed to the front)

Page 52

*Changed drawing for 0.5 deduction in a planche*



Page 56

## Glossary of terms:

Appendix 4:

(page 56) Judge's Rules definition: Appendix 8

(page 56) shorthand : ... *The system is found in Appendix 5*

(page 56) Conversion Table :: *not used anymore – deleted*

(page 57) Static hold : ... *for 3 seconds, as required*

(page 58) Anthropometer : ... : *not used anymore – deleted*

(page 58) Suprasternal point : ... : *not used anymore – deleted*

(page 58) Size : the suprasternal notch and – *deleted*

## 2. Age Group Rules-2017

- (page 3)

: ... Appendix 4 contains elements which may be used as optional elements for the 11-16 exercises.

.....However, Appendix 4 does not prevent the use of the Tables of Difficulty.....

: ... drawings found in the ~~Compulsory~~ Element Tables Appendix 3 and Appendix 4.



- (page 8)

5.4 ... selected from Appendix 4 or the FIG Tables of Difficulty. ...

Discipline	Balance	Dynamic	Individual elements
Women's Pair*	Min 1v – Max 9v	Min 1v – Max 14 v	Min 1v – Max 10v
Men's Pair	Min 1v – Max 9v	Min 1v – Max 14 v	
Mixed Pair	Min 1v – Max 9v	Min 1v – Max 14 v	
Women's Group	Min 4v – Max 16v	Min 1v – Max 14v	
Men's Group	Min 4v – Max 16v	Min 1v – Max 10v	
*The co-efficient normally applied for WP/WG balance and dynamic does not apply for 11-16			

5.5 ... Appendix 3...

5.6 ... Appendix 3 or the FIG TOD ...

5.8 Add:

*Exception: If a different element is performed to that declared for difficulty on the Tariff sheet by the coach, the gymnasts will not receive the difficulty value of this element. If the element will count for SR they receive a 0.3 deduction for wrong Tariff sheet.*

- (page 10)

6.2 Each partner must perform 3 individual elements for the balance exercise and 3 for the dynamic exercise. ~~For each missing individual element. If this special requirement is not fulfilled a penalty of 1.0 is applied.~~

6.3 In the balance exercise, each partner must perform 1 balance, 1 flexibility, and 1 agility individual element selected from Appendix 3 or the TOD. ~~If this special requirement is not fulfilled a penalty of 1.0 is applied.~~

6.4...from Appendix 3 or the TOD. ...

6.6...from Appendix 4 or the FIG Tables of Difficulty. ...

6.7...maximum of value 9

7.2 Each partner must perform three (3) individual elements. ~~For each missing individual element, a special requirement penalty of 1.0 is applied. If this special requirement is not fulfilled a penalty of 1.0 is applied.~~

7.3...from Appendix 3 or the TOD.

7.5 ...from Appendix 4 or the FIG Tables of Difficulty. ...

7.6 ~~Women's~~ Groups:

- (page 11)

8.2 ...from Appendix 3 or the TOD.

8.4 ...from Appendix 4 or the FIG Tables of Difficulty. ...

8.6 A total of three (3) horizontal catches may be performed in the women's group dynamic exercise. However, it may impact the artistry evaluation.

8.7 ...from Appendix 4 or the FIG Tables of Difficulty.



- (page 12)

- 9.2 ...from Appendix 3 or the FIG TOD.  
10.2 (See Appendix 1)  
10.9 from Appendix 4, they must be identified with the Appendix 4 page number ...

- (page 16)

- 15.6 In the dynamic exercise, each partner must perform 3 tumbling elements. If this special requirement is not fulfilled a penalty of 1.0 is applied. ~~One of these elements must be a salto. If this special requirement is not fulfilled a penalty of 1.0 is applied.~~  
15.7 One of these elements must be a salto....

- (page 18)

Numbers of the Appendices have been adjusted

- (page 19)

## 2017 CODE OF POINTS - ARTICLE 43: CJP AND DJ PENALTIES

1. Duration of music over the time limit.	0.1 per second
2. Difference in heights of partners of the next tallest partner by Appendix 2.	0.1-1.0
11. Failure to observe publicity rules. (National Identification not clearly visible on attire.)	0.3

- (page 20) DJ deductions

8. Landing without support in a dismount 11-16 (see exceptions 5.10)	0.5
9. Elements not performed in the order declared / or different element performed than declared if counted for SR /or more elements declared than allowed. Exception: 11-16 no deduction for more elements on TS.	0.3

- (page 21)

The word “unacceptable” is removed and the scales are adjusted!!!

### 44.4 SCALE FOR EACH CRITERIA

<b>Perfect:</b> 2.0	The routine includes/ demonstrates an <b>outstanding level</b> of the criteria.
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## 44.5 REFERENCE RANGE OF ARTISTIC SCORE:

- |                           |                          |
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| • Satisfactory routines   | Score between 6.0 to 6.9 |
| • Poor routines           | Score between 5.0 to 5.9 |

- (page 22)

45.1 ... provided in Article 45.

45.3 .... Delete ~~but non-completion of elements, landings and falls are considered separately.~~

### 45.5

2. Lack of amplitude in the flight phase in dynamic elements, <b>deviation from correct direction</b>	0.1	0.2-0.3	
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### 45.6

5. Leg split less than 180°.	0.1	0.2-0.3	
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- (page 23)






### 45.7

5. Slip of a foot or hand <b>or arm</b> in climbing, balancing or transitions		0.3	
---	--	-----	--

### 45.8 INSTABILITY

6. One foot, one hand or other part of the body going through a platform or slipping off the point of support on Dynamic catches/landings on partner .		0.3	0.5
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- (page 34) changed nr of rotation (yellow box 1 and box 5)

GROUP 11 - 16		DYNAMIC EXERCISE				WOMEN'S GROUP			
Box 1 Front 4/4		Box 2 Back 3/4		Box 3 Front 3/4		Box 4 Front OR Back 360° 540° or 720°		Box 5 Front 6/4	
									
0.1		0.1		0.1		0.1      0.2		0.3	



- (page 38)
  - Delete element AG P12 and replaced by horizontal Planche
  - Text in the yellow box of example of exit: deleted
  - Max value 9

EXAMPLES OF PAIR OPTIONAL BALANCE - MINIMUM VALUE 1 - MAXIMUM VALUE 9							
BALANCE							
Value	1	1	3	3	2	2	4
ID Code	AG P1	AG P2	AG P3	AG P4	AG P5	AG P6	AG P7
BALANCE							
Value	2	3	5	6	9	7	
ID Code	AG P8	AG P9	AG P10	AG P11	AG P12	AG P13	

- (page 39)
  - Delete all "Ring" positions
  - Value of "Teepee" = 8
  - Text in yellow box of example of exit: deleted

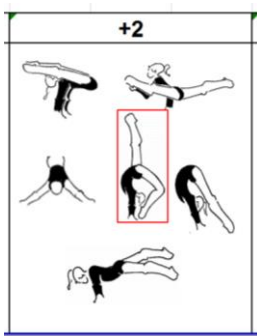
Base Value	8	Plus (+)
ID Code	AG Trio 5	Plus (+)

- (page 40) Text in yellow box of example of exit: deleted

## 3. Tables of Difficulty-TOD

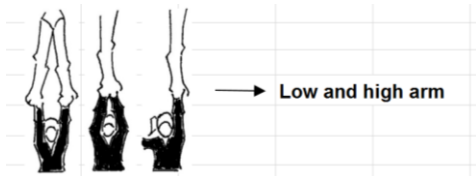
Pg 7 : Considered

- In the planche box "on straight arm" deleted
- Handstand added in +2 box

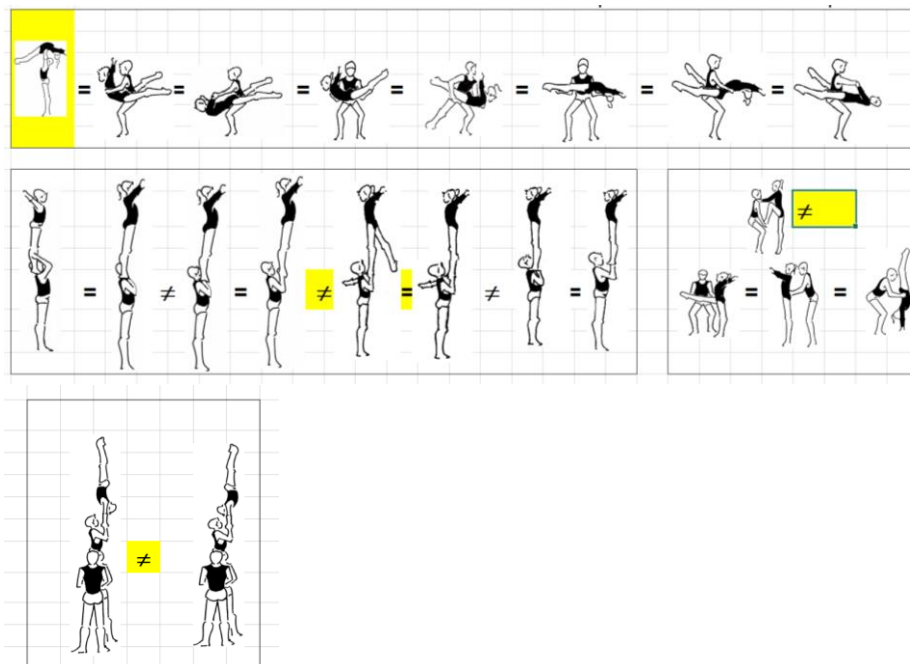




**Pg 9** added the wording low and high arm



**Pg 10 & 11:** Few adjustments in the examples of start positions.

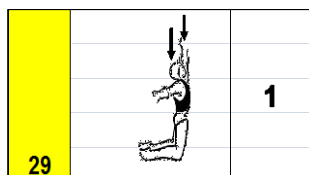


**Pg 15-16**

- EXAMPLES pages 2(two) and 1(one) switched.
- Added in example 1: "miscellaneous elements" in the box.

**P18** Tab 3, position N for the motion is missing from the base positions on the left of the page.

Position added:

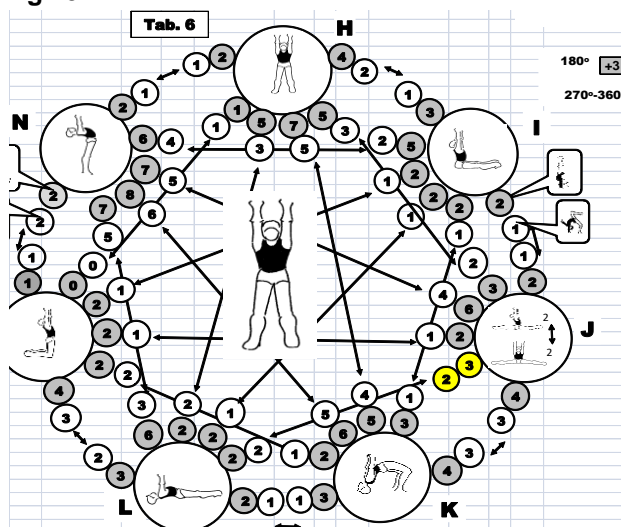




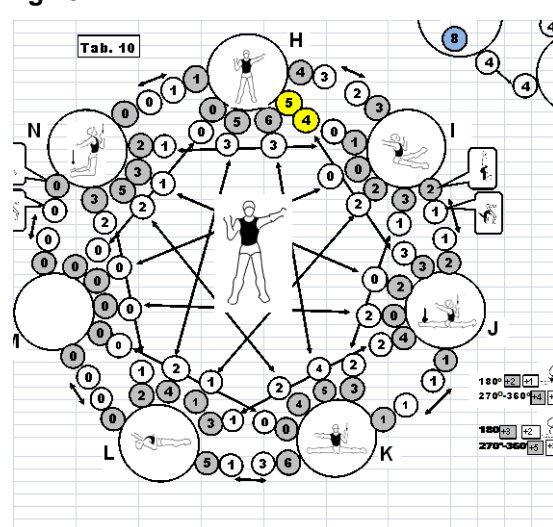
In the conversion from Excel into PDF some of the values in the bubbles were hidden.

Please correct the following values (Yellow)

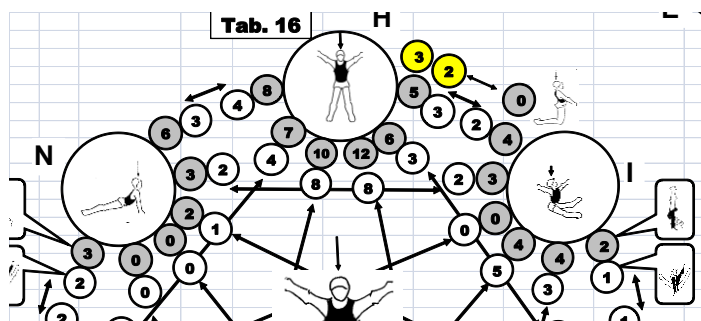
Pg 19



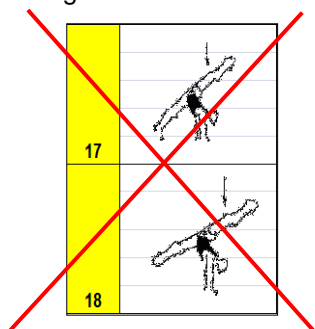
Pg 20



Pg 22



Pg 24: deleted position 17 and 18 for long term health reasons:



Pg 28 to 41 :

Clarification **MOUNTS:**

**Value of the static hold is included!**



## THE ACROBATIC GYMNASTICS NEWSLETTER – N° 1 Cycle 14 – March 2017

**Pg 32**

<b>A</b>				
16	17	18	19	20
15	19	26	25	34
16	22	29	28	37
11	15	22	21	31
20	25	32	31	40
17	22	29	28	37
16	22	29	28	37

**Pg 33**

<b>D</b>				
31	32	33	34	35
22		37		43
22		27		43

**Pg 35**

<b>A</b>		
1	2	3
7	11	15
11	16	22
6	14	17

**Pg 39**

<b>D</b>				
31	32	33	34	35
14		24		30
15		25		35
14		24		30
16		26		20

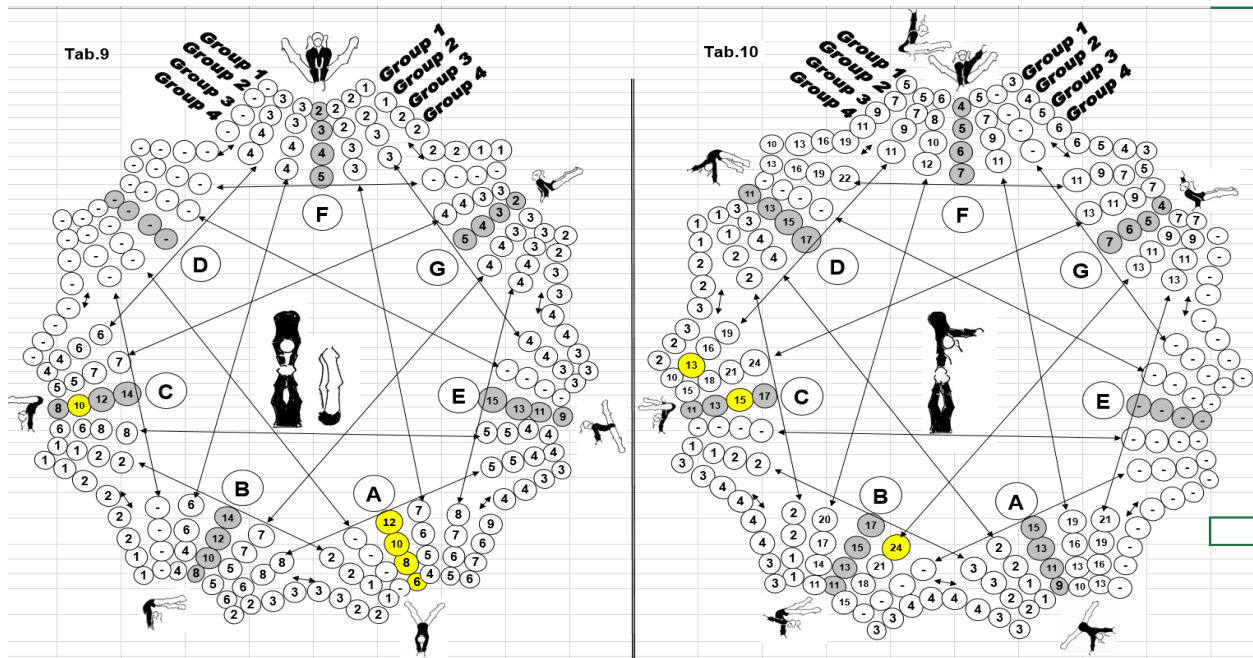
- pg 41**

<b>C</b>			<b>D</b>			<b>E</b>			<b>F</b>			<b>G</b>			<b>H</b>			<b>I</b>											
8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28									
5	7	10	7	11	15	8	13	17	7	11	16	9	14	18	9	14	20	11	16	21									
5	7	10	7	11	15	8	13	17	7	11	16	9	14	18	12	16	20	12	16	21									
8	9	12	8	13	17	7	15	19	9	13	18	10	16	20	12	16	22	13	18	23									
7	10	13	9	14	18	8	16	20	10	15	19	11	17	21	13	17	23	13	19	24									
6	9	12	6	14	17	8	15	17	8	12	17	9	13	17	12	17	23	11	19	24									
6	9	12	6	11	17	8	15	17	8	12	17	9	13	17	12	17	23	11	19	24									
9	11	16	9	11	22	10	17	25	10	14	23	11	15	24	14	19	30	13	19	29									

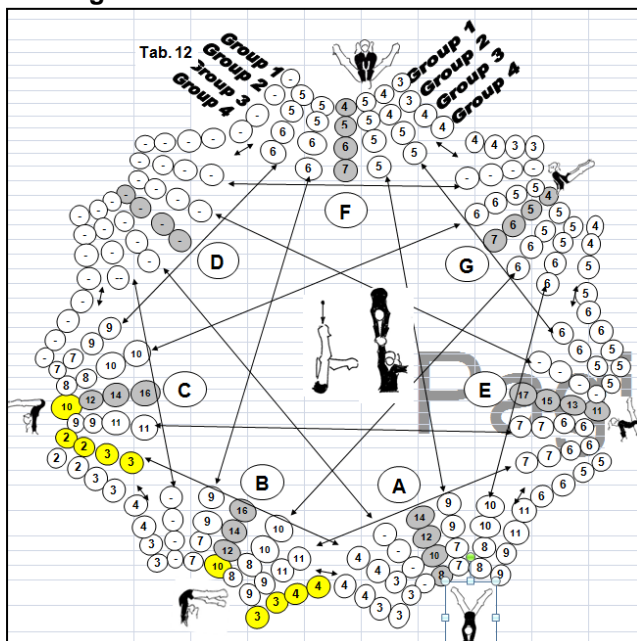




pg 63 Tab. 9 C, Tab. 10 B-C



• Pg 64 Tab. 12 B-C



• Pg 64 : added position and V in box 3

Tab.15								
	1	2	3	4	5	6	7	8
Gr.1-2-3-4	3-3-3-3	4-4-4-4	1-1-2-2	2-2-2-2	1-1-2-2	3-3-4-4	2-2-3-3	3-3-4-4



## THE ACROBATIC GYMNASTICS NEWSLETTER – N° 1 Cycle 14 – March 2017

- Pg 65 reorganised row/boxes

	1	2	3	4	5	6	7	8	9	10	11	12	13
B													
	10	8	8	8	13	13	10	12	2	3	15	3	2
C													
	11	12	16	2	5	3	3	3	2	3	4	2	2
D													
	3	4	4		10	11							
Category 1													
E													
	5	7	6	4	11			13	14	14	6	10	14

- Pg 66: deleted position 3 because identical as position 1

	1	2	3	4	5	6	7	8	9	10	11	12
A												
	12	12		12	7	9	11	12	18	3	5	4

- Pg 67 row C corrected numbers of base positions

6	7	8	9	10
15	15	15	15	16

- Pg 70 places of several elements are changed

	1	2	3	4	5	6	7	8	9	10	11	12	13
A													
	11	13	16	18	22	26	17	19	22	24	28	32	18

- Pg 85: The value of these holds you will find in the TOD pg 90, 91, 92, 93.



## THE ACROBATIC GYMNASTICS NEWSLETTER – N° 1 Cycle 14 – March 2017

- **Pg 99:** Change of the boxes and added a few positions that disappeared

Category 1												
	1	2	3	4	5	6	7	8	9	10	11	12
A												
	10	11	13	14	16	14	16	15	11	13	15	
	1	2	3	4	5	6	7	8	9	10	11	12
B												
	15	17	19	18	20							
	1	2	3	4	5	6	7	8	9	10	11	12
C												
	15	16	14	16	18	18	20	19	21	21	23	
	1	2	3	4	5	6	7	8	9	10	11	12
D												
	19	21	23	25								

- **Pg 104:** Base position 9-10-11-12 = 1 BOX

**Change of places of some elements on the following pages:**

- **Pg 105**

**C– ONE BOX**

	1	2	3	4
C				
	46	48	48	50

**D**

	1	2	3	4	5	6	7	8	9	10
	11	13	11	13	13	15				



• Pg 106 –

**B**

1	2	3	4	5	6	7	8	9	10	11	12
13	15	24	26	13	15	24	26	15	17	26	28

**D**

1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	17	15	16	18	19	13	14	16	17

• Pg 119

Title changed and Clarification of terms:

**Gainer** = jump forward-salto back

**Delfin** = jump backwards-salto front

- File 10 – Tariff sheet and new elements evaluation request form 2017

- Title: ~~2013~~ 2017

Instructions how to use:

~~Box-4~~ replaced by **D**

- Individual elements

~~Gat-4~~ replaced by Flexibility / Balance / Agility

~~Gat-2~~ replaced by Tumbling

- Please use one box for motions/transitions(separate from static holds)

## Questions & Answers

1. Question : AG 11 – 16 WG Dynamic – Row 1, box 4 – can the start position also be on the front (stomach) as the TOD shows back and front as the same position?

Answer: Yes – you can start from either front or back.

2. Question: Clarify Article 19.8 – with an example for the change of point of support.

Answer: From 1 arm handstand to 2 on 1.

3. Question: TOD – are the following positions considered as being caught in hands?



Answer: No



4. Question: Is it allowed to do more than three individual elements (but only declare 3 on the tariff sheet)?

Answer – Yes, but they will be evaluated and any technical deductions taken.

5. Question: 11 – 16: During the performance of individual elements can each partner do a different 'type'? for example:

<u>Base</u>	<u>Top</u>
Individual 1 – Agility	Flexibility
Individual 2 – Flexibility	Stand
Individual 3 – Stand	Agility

Answer: **No**, for 11-16 only, they must perform the same 'type' at the same time or in immediate succession.

6. Question: MG Does the static hold during the transition count toward the total times you can claim value?

Answer: this hold counts as 1 time during a transition (20.7)

7. Question: How do we deal with the "simple" mounts in 11-16 because in pairs the mount includes the static hold?

Answer and clarification: The maximum value of mounts for 11-16 is **14 : 9** (max V of Static hold) +5 (max value of simple entry, motion ....) and it **must be declared** on the tariff sheet because the static hold is included.

8. Question: Is the Mexican (arch) still a forbidden element for MG?

Answer: It has no value, so it does not exist, but it is not a forbidden element.

9. Question: Articles 21.2, 21.8 & 24.1: A static hold is attempted but not completed, the EJs apply Penalties for the technical faults and 0.5 for non-completion or 1.0 for a fall. Is this correct?

Answer: Yes, it is correct. (But the maximum deduction is 1.0.)

10. Question: WP declare handstand on floor entry to handstand on bent arms. They perform handstand on floor to handstand Mexican on bent arms, Page 55 57 to Q (4/4). Is there Difficulty? Is there a penalty?

Answer: Difficulty YES, Penalty NO

11. Question:

If the following is declared on a tariff Sheet:

Toe Pitch Back Tuck Salto to catch in hands(4/4)  
Layout Back Salto hands to hands (4/4)  
Layout with Twist Salto hands to hands (4/4)  
Double front Salto dismount to floor.

But performed :

Toe Pitch Back Tuck Salto to catch in hands(4/4)  
Layout Back Salto hands to hands (4/4)  
Layout with Twist Salto hands to hands (4/4)  
**Additional element** :0/4 jump with 180 twist  
Double front Salto dismount to floor.

Do we remove double front because it is the 5<sup>th</sup> in a row?

Answer: NO. You can perform additional pair/group elements and not declare them on the TSH.



12. Question : Can you perform two static positions from the same box on pg 12-13 (General Rules-TOD) on the same base position ?

Answer: NO

13. Question can a mount be performed to different positions from the same box on pg 12-13?

Answer: NO

14. Question : Is Cartwheel a tumbling element ?

Answer: No, but linked into a side salto it gives a + value (see tumbling pg 137)

Clarification: The grey bubble is used for all handstands and foot to hand and miscellaneous elements with V 6 or higher (**before** the co-efficient values for WP and WG are added).

Clarification: In the TOD: if the box is green the element doesn't exist.

Reminders for DJ:

- if all phases of an element are completed even with a fall, give difficulty and element.
- Caught feet first and followed by a fall, so give difficulty and element.
- If a mount is claimed to 1 hand and it is performed to 2 hands before going to 1 hand static hold, No difficulty and element out.
- If a mount is claimed to high arm on the Tariff Sheet:
  - 1) If it is performed to **low arm** and after that there is an **immediate push to high without stop**, give difficulty and element.
  - 2) If it is performed to **low arm** and after that there is a push to high **with a stop**, NO difficulty and the element is out.
  - 3) If It is performed to **half arm** and immediate to high, give difficulty and element.

## **Youth Olympic Games 2018:**

The rules are published at the FIG website- Olympic rules

We are counting on the Acro community around the World to deliver Mixed Pairs from each of the continents as per the eligibility rules, 15-18 to qualify at the 2018 World age group competition in Antwerp.

## **Promotion of ACRO by the social media**

**Note from Blythe Lawrence - member of the media team at the FIG:**

When something happens in the World of Acro, we totally want to hear about it.

We'll do articles for the FIG website. We'll work with you to arrange interviews. We'll share the news on Facebook and Twitter. Sending us news of **honours gymnasts receive**, of cool things they're doing when they aren't in the gym, their special projects, anything unusual would be excellent.

Please contact me at:

[blawrence@fig-gymnastics.org](mailto:blawrence@fig-gymnastics.org)



## **FIG Acrobatic Calendar**

- 1) World Cup Puurs, Belgium, 7-9 April 2017
- 2) World Cup Geneva, Switzerland, 25-27 May 2017
- 3) The World Games – Wroclaw, Poland, 24-26 July 2017
- 4) World Cup Lisbon, Portugal, 8-10 September 2017
- 5) Asian Championships – Almati, Kazakstan, 17-19 September 2017
- 6) Pan American Championships – Daytona Beach, USA, 13-15 October 2017
- 7) European Championships – Rzeszow, Poland, October 19-22 2017
- 8) World Age group Competition – Antwerp, Belgium, 2-10 April 2018
- 9) World Championships – Antwerp, Belgium, 10-16 April 2018

For TC ACRO

**Rosy TAEYMANS,**

*President of the Acrobatic Gymnastics Technical Committee.*

**Karl Wharton,**

**Secretary**