

LAUSANNE (SUI), January 2023

Dear Friends,



The FIG Acro TC had another working meeting in Lausanne from 7-12 December 2022.



We want to inform you about the following:

1. 12th Asian ACRO Continental Championships



The 12th Asian Championship for seniors and juniors was held in Pavlodar (Kazakhstan) from 25th till the 27th of September. Participating countries were Hong Kong, India, Kazakhstan, Kyrgyzstan and Uzbekistan. The competition went great. The National team of Indian team brought 24 athletes, the emotions and compositions impressed the entire audience. The team of Kazakhstan and Uzbekistan among them had an interesting battle for the medals. Unfortunately Team Iran and Turkmenistan could not participate.



International judges from Azerbaijan, Georgia, Germany, Poland and South Africa were invited. Thanks to all of them. Beautiful medals, prepared for this competition by the Federation of Kazakhstan, were very appreciated by the participants. All the athletes went home with happy faces!

2. PAGU Acrobatic Continental Championships, Bogota, Colombia– November 18 – 20, 2022

After the postponement of the 2021 event, the 4th PAGU Acrobatic Gymnastics Championships took place with, Brazil, Canada, Colombia, Mexico, Puerto Rico, United States of America and Venezuela.

A total of 107 gymnasts participated in the competition, along with 15 judges, 19 coaches, and 31 officials, the event also provided the opportunity for a training camp for the Colombian team, and education for the judges.



For the first time roundtable of the PAGU countries was held, and the first official Pan American Acro athlete meeting, with 40 gymnasts present.

3. ACRO DEVELOPMENT CAMP IN ADIS ABABA, ETHIOPIA

From December 15th to 20th, 2022, an ACRO Training camp was held in Addis Ababa as part of the UAG Development Program. The Ethiopian Gymnastic Federation hosted the camp intending to develop acrobatic gymnastics in Ethiopia. The lectures and practical activities Nikolina Hristova (Vice President FIG ACRO TC) were held in Addis Ababa Gymnastics Federation Gymnasium, equipped with the most modest necessary conditions for developing acrobatic gymnastics.

A total of 38 participants: 16 coaches and 22 gymnasts followed each activity with great interest, curiosity, and excitement.



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The camp included educational theoretical and practical introductory sessions to ACRO for coaches and gymnasts.

On the last day, the President of the Ethiopian Gymnastics Federation – Mr. Gebeyaw Takele visited the camp. He clearly expressed his intentions for the future development of acrobatic gymnastics in Ethiopia. He also says his expectation of the coaches and the gymnasts is to work very seriously and at a high technical level.

We want to express our gratitude to the African Gymnastic Union, and his President Dr. Ehab Amin Esawy as well as to Heba El-Bourini – UAG Secretary General for this opportunity and the desire to develop Acrobatic Gymnastics in Africa.

1. Questions & Answers

Q: 11-16 compulsory elements: Can a straight salto be performed with split legs?

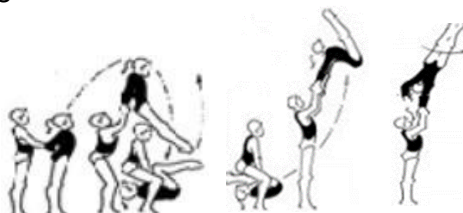
A: By the rules (pg 24 , Art 2.3) this is NOT allowed.

2.3 Each pair/group, in one exercise, **must perform as in the drawings** (See table of variations allowed, pg 31), the Compulsory Elements illustrated in the Compulsory Element Table.

2. Clarifications :

Element request :

Mount - Top goes from stand to cannonball swing, open in a dislocate motion, diamidov 360° or 720° to low or high handstand.



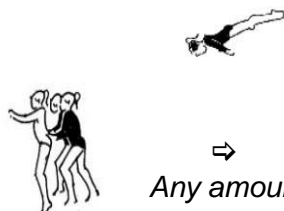
This skill is similar to mount pg. 32-E, however is different because the opening from cannonball to Diamidov is performed as a **dislocate** motion instead of **inlocate** (opens opposite).

After evaluation the FIG ACRO TC consider this as a variation of element A(disloc) on Pg 34 with additional value for (360° +4) and (720° +6)

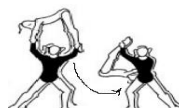
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New catch position:

Dynamic catch position - bases grab top's wrists and ankles and go into a swing - same as start position on pg. 78 #53.



⇒
Any amount Front or back rotation



From any group start position

finish skill in **swing catch** position

The FIG ACRO TC accept this new finish position as a variant of following catch position:
There is a - 2 value because the catch is horizontal with 4 point of support



D-Judging:

Q: During the performance of the bellow the pair falls during the motion phase of the element (slide to split). The pair climbs back up and performs the static hold (base in split top in handstand).

What happens with the difficulty??

- Should difficulty value be removed for the whole element, motion (v7) and static hold (v7), since the element declared was a motion into a static hold?
- Or should difficulty value for the motion be removed and value for the static hold (v7) only be given since the pair did rebuild and performed the static hold?

7	8	9
	4	3
	P19 T4D	P19 T4D
	P19T6HJ	P19 17

A: The FIG ACRO TC decided in favor for the gymnasts:

Difficulty value for the motion must be taken out and the value for the static hold (v7) can be given since the pair did rebuild and performed the static hold.

3. Information:

- **Age Group Rules** on the website: are replaced by a version where the compulsory elements are connected to the video clips.
- **New Artistry judging document** is published on the STS platform. This will be used at the exam and on every FIG competition.
- **Judges exam Lausanne February:** New PPT for preparation of the exam is available on STS



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Calendar of approved FIG Acrobatic Gymnastics Events:

2023 World Cup series:

- World Cup Maia (POR) 10 – 12 March 2023
- World Cup Puurs-Sint-Amunds (BEL) 6 – 9 April 2023
- World Cup Rzeszow (POL) 9 – 11 June 2023

2023 other events:

- 12th European Age Group Competitions – Varna (BUL) 12 – 15 October 2023
- 31st European Junior and Senior Championships – Varna (BUL) 18 – 22 October 2023

2024: NEW APPROVED DATES !

- 13th World Age Group Competitions – Holon (ISR) 21 – 24 March 2024
- 29th World Championships – Holon (ISR) 28 – 31 March 2024

Rosy TAEYMANS

President of the Acrobatic Gymnastics Technical Committee