



LAUSANNE (SUI), May 2023

Dear Friends,

The FIG Acro TC had the second working meeting of 2023 in Lausanne from 27-30 May 2023.

We want to inform you about the following:

- NEW: Junior World Championship
- Reports on the World Cups and Acro events
- Questions and answers
- New elements

1. Junior World Championship Acrobatic Gymnastics



We are proud, excited and very happy to announce that at its last meeting on 12-13 May in Antalya (TUR) the FIG Executive Committee (EC) approved a proposal from the Acrobatic Gymnastics Technical Committee to have a Junior World Championships in 2024 as a test event on the occasion of the 2024 Acrobatic Gymnastics World Age Group Competitions in Holon (ISR).

More information will be announced in the directives of the WAGC.

2. 11th FIG ACRO WORLD CUP in Maia - PORTUGAL



Participate: 91 gymnasts from AUT; AZE; KAZ; ESP GBR; GER; ISR; NED; POR; UKR; USA
Many thanks to Portugal Gymnastics Federation and the organizing committee, who did all
A great job with all the work that needs to be done as well as making the participants feel
comfortable during the competition!

Thanks for the effort, the collaboration and support of everyone, it was a celebration of our
beautiful discipline that showed a high level of technical skills in ACRO.

3. FIG ACRO WORLD CUP-Puurs – BELGIUM



The Sport complex “De Vrijhals” in Puurs received one more edition of the Acrobatics World Cup Series, between 6 and 8 of April 2023.

The TD of FIG for this competition was Bernardo Tomás, Vice President of the FIG ACRO TC.

The organizers welcomed 12 countries, Austria, Azerbaijan, Belgium, Great Britain, Georgia, Germany, Ireland, Israel, Kazakhstan, Portugal, Ukraine, and the United States of America, coming from 3 different continents.

The gymnasts presenting amazing exercises to the public and delegations always very enthusiastic and cheering the gymnasts during their routines.

In this event participated 97 gymnasts, 16 judges, 31 coaches and 14 officials, all gave the best of themselves to make it a great competition for everyone, in the sport complex completely full, at home by live streaming or live broadcast on TV during the finals.

It was a great competition, in the final in the 5 categories, 9 countries were present in the award ceremonies.

4. ACRO Education Ventures into New Territories: Expanding Opportunities for Acrobatic Gymnastics in Asia.

From May 21st to 26th 2023, the ACRO Training camp for coaches was held in Bangkok, Thailand, as a part of the Asian Development Project for 2023. The Thailand Gymnastics Federation hosted the camp aimed to propel the development of Acrobatic Gymnastics in Asia.

The FIG ACRO TC Vice President, Nikolina Hristova, was invited to lead the camp.

The participating countries in the camp were: Thailand, Kazakhstan, Kyrgyzstan, Laos, Hong Kong, Uzbekistan, Philippines, and India.



A total of 24 coaches joined each activity with great interest, curiosity, and excitement, displaying their dedication and determination in order to improve in Acrobatic Gymnastics.

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Every day were provided theoretical and practical lectures. All participants did a fantastic job during these five days. The new countries present expressed their desire to join the ACRO family and participate in international competitions.



We, FIG ACRO TC, thank A-Rahman Al-Shathri – President of AGU and AGU Acro TC President Aigul Dukenbayeva, for providing the opportunity and showing a solid commitment to developing Acrobatic Gymnastics in Asia.

5. Questions and answers

1. **Q:** Is this element a horizontal catch or is the following rule affective in this element:
COP Art 23.3 page 24:
Swing and cannonball start– and finish positions are NOT considered as horizontal positions



A: This element is starting out of a swing start position but the **finish position is a horizontal catch**.

2. **Q:** Regarding individual No 62, how it needs to be performed - is it in box splits with chest on the floor or Japana (legs at 90 with chest on the floor)?



A: Both positions can be considered as individual element Pg 120 - Nr 62.

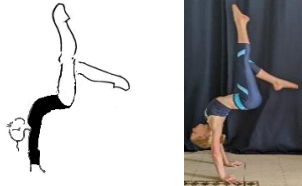


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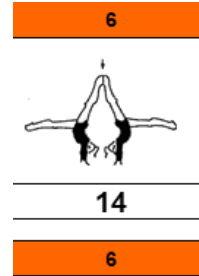
6. Clarifications:

- Following was published in NL 11 2022:

Handstand: Following position is considered as a variation of a straight handstand with a value = 2 on low arm and a value 4 high



Therefore the following element is considered as a variant of Pg 65_C6 V 14



- **Groups:**

Transitional pyramids:

Article 20.15 is saying that base positions must be from one box to another but also 20.9 should be applied. This means that going back to a previous used box is not possible for difficulty. Please find examples below.

3" 	→ →	3" 		3" 	31
2 11 61/TZA 70C5	2 4 1 61TZA 61TZA-D 59	5 6 61T2D 70D1	5 4 61T2D 59	9 17 61T2D 70C8	
3" 	→ →	3" 		3" 	62
3 16 61TZA 68B7	3 3 6 61TZA 61TZA-D 59	14 17 61T2D 67B11	14 5 61T2D 59	14 14 61T2D 68B6	



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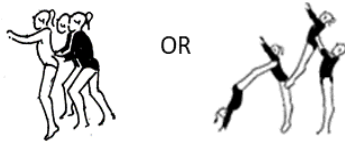
- **Mounts:**

Cannonball PG 32 _E can also be performed from the following start position:



- **Dynamic Women's Group:**

Pg 74 start position 5 can also be performed by 1 base throwing the top.



- **TOD Pg. 54**

Missing Finish Position in A and Pg. number in the PDF of the TOD .
Please find the correct Pg. 54 below:

Dynamic Elements

Top 180° Base turns 180° + 2 Base turns 180° + 2

Start	Finish Position																						
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	
1																	014	5	6	8	12	15	18
2																	4	22	26	30	26	32	38
3																	4	24	28	32	28	34	40
4																	4	26					
5																							
6																							
7																							
8																							
9																							
10																							
11																							
12																							
13																							
14																							

	A	B	C	D	E	F	G	H
1	300	360	540	720	900	1080	1260	1440
2	048	2	4	6	9	12	15	18
3	128	1	2	4	6	9	12	14
4	208	2	4	6	9	12	15	18
5	308	1	3	5	7	9	11	13
6	408	4	8	4	16	12	24	20
7	508	2	4	6	8	10	12	16
8	608	5	7	9	11	13	16	19
9	708							
10	808							
11	908							
12	1008							
13	1108							
14	1208							



Questions for ACRO Artistic judging 2023-2024 – adjusted

The following small adjustments were added:

PARTNERSHIP
Is there an acceptable level of maturity between all partners?
Is there a good level of technical and physical preparation between all partners?
Is there a visible consistent connection between all partners?
PERFORMANCE
Is the flow continuous throughout ?
Do all partners have great amplitude in the exercise ?
Is there synchronization between all partners throughout?
Is it original Choreography?
Does the partnership create a personal identity ?
EXPRESSION
Do all partners project the emotion of the exercise?
Do they maintain the emotion throughout the exercise?
Is there Harmony of the expression between the partners?
CREATIVITY
Do they show originality and inventiveness in the overall exercise?
Do they have special/different ways to get in and out of elements?
Do they show a variety of elements and perform rarely staged elements ?
MUSICALITY
Is the choreography in harmony with the music throughout?
Is the exercise performed without any interruption between choreo and elements?
Are the musical sentences, accents respected and used throughout?

Calendar of approved FIG Acrobatic Gymnastics Events:

2023 Acrobatic Gymnastics World Cup series:

- World Cup Rzeszow (POL) 9 – 11 June 2023

2023

- 12th European Age Group Competitions – Varna (BUL) 12 – 15 October 2023
- 31st European Championships – Varna (BUL) 18 – 22 October 2023
- 1st Junior Challenge 2023 (ACRO-AER-DMT-TU) – Anadia (POR) 27 – 29 October 2023

2024

- 13th World Age Group Competitions – Holon (ISR) 21 – 24 March 2024
- **NEW:** Junior World Championships (Test event) – Holon (ISR) 24 March 2024
- 29th World Championships – Holon (ISR) 28– 31 March 2024

Rosy TAEYMANS

President of the Acrobatic Gymnastics Technical Committee

