



January 2025

Happy New Year! 🎉

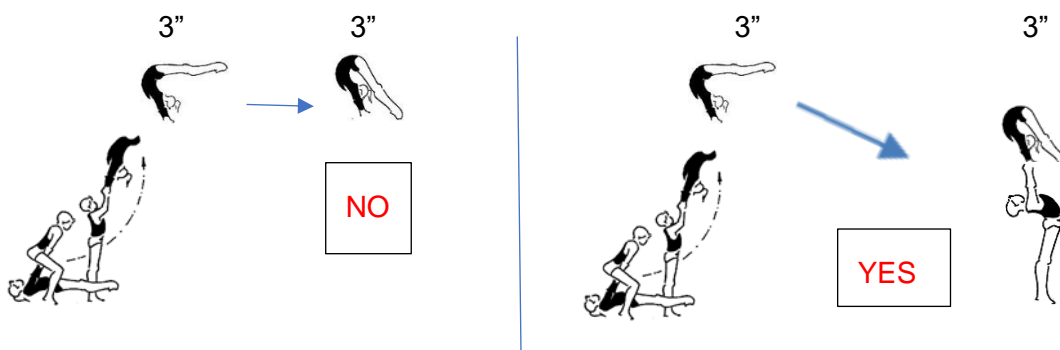
As we enter 2025, the newly elected TC wishes you a year filled with remarkable achievements, unforgettable performances, and the joy of reaching new heights in acrobatics. Let's celebrate the passion and determination that unite us in our shared love for this sport. Wishing you a year full of success, joy, and memorable performances!

Clarifications, questions, and answers from earlier newsletters remain accessible for the upcoming cycle.

Clarification:

- To receive difficulty for 2 different Top positions of the same box, it is **not allowed** to perform those two static holds from the same category (BOX page 15 General Rules) one after another **without** anything (e.g., motion of the base) in between.

Example: Mount to Mexican 3" and then deep Mexican 3 ".



- Q:** Is a mount performed without a turn or with a turn considered a different element, even if it is the same box with the same ID?

A: **No**, each mount (each box) can be performed only once during the whole exercise.
- Q:** The base(s) must start the motion before the top starts a motion. What does the DJ do for the element if this does not occur, and instead, the top starts to move first?

A: In a motion or transition of the base(s) you receive the difficulty of the **START** position of the TOP. This means the TOP must be in a position of value at the moment the motion of the base(s) starts.
If the TOP is not in the Static position of the previous Static hold, they loses the value of the static hold of the top during the motion transition.
- Q:** In a transitional pyramid, if the top maintains the same position throughout the transition and at the end of the transition moves to another position, the value of the top's motion is seen in the difficulty group of the first base pyramid or the difficulty group of the second base pyramid (since this is where the top motion is made)?

A: The value of the motion of the top is determined by the value of the **BASE** position on which the TOP is performing the motion, in this case, the second one.



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5. **Q:** If there is a fall during a transition and the 2 pyramids are of the **same** category, can they rebuild the second base pyramid?

A: No, because it is a repetition of the same category.

6. WG base positions with the middle bending backward.

A: This is **not** considered a **new element**, but the FIG ACRO TC decided that it would receive a **+1 V** as a general principle.

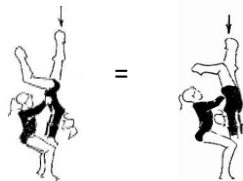


7. **Q:** For category 2 pyramids, when the middle acts as a top and holds a position for 3 seconds, does it count for the number of repetitions of skill during the whole exercise?

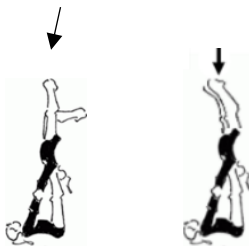
A: If the top and the middle perform the same skill at the same time, then this is counted as **ONE** element, and both get the value for the position. However, if the top and middle perform the same skill at different times then it is counted as **TWO** elements – both receiving difficulty value.

8. **General principle:** When the position of the middle is in the handstand and not printed and given a value in the TOD, the position can be reversed and receives the **same value** as the 'mirror' base position in the associated box and has the **same ID** coordinates.

Example :



9. Base pyramid Pg 63 B9 with V16 (one foot) can also be performed on two feet; ID and Value stay the same.



Dynamic

10. **Q:** Does a different element than declared on the TSH count for SR?

A: Yes, the exception in 15.6 prevails on the general statement in the chapter of the submission of TSH in article 38.8.



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11. Q: Can a front salto with open legs (i.e., straddle/box splits) be considered a stylistic variation of a double pike salto?

A: Yes – another example would be split legs in the first salto of a double straight. There is no change to the philosophy and logic applied, which has been done for more than 30 years.

12. Q: Can the position shown below be used as a catch position? If so, would it be identified as a “V” finish position? Variation of bases side by side?

A: Yes



13. Q: Please clarify where the second base’s hands can be in the abovementioned position. Only under the support of the foot? Can they be around the ankle or calf?

A: Can be around the ankles, **NOT** the calf.

14. Clarification

WG – Swing and cannonball start and finish positions are **NOT** considered horizontal positions.



15. Q: Elements with additional push in the last $\frac{3}{4}$ salto.

A: The bases can’t **hold (support)** the shoulders of the Top during the push of the TOP. This will be considered **additional support** with a 0.5 deduction by the E-judges.



16. Q: MG – Can the bases catch in the following finish position, and if so, how is the value calculated?

A: Yes



General principle: When the finish position is as indicated above, please use the finish position as indicated below for the value of the element **BUT** deduct the following values from those identified depending on the number of rotations.

Finish Position



=



4/4	- 3
8/4	- 6
12/4	- 12

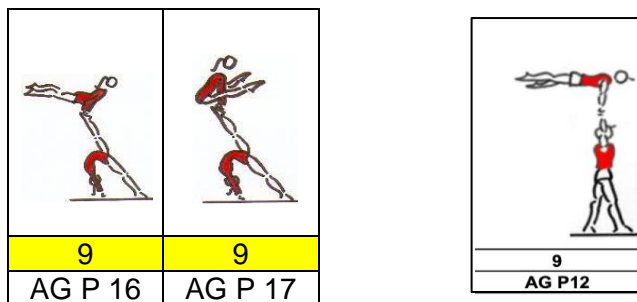


Artistry

17. **Q:** Article 36.4: Criteria for evaluation, in terms of the amplitude of performance, says "choreographic elements". Should we judge choreography in *execution*?
A: Choreographic elements, for example: "grand jeté or pirouette or jump with 720° turn", **Yes**
18. **Q:** If one or more partners fall in the Choreo at the same time, is it 1,0 or 2,0 points in falls?
A: **1.0 point**

Pre-Youth (11-16)

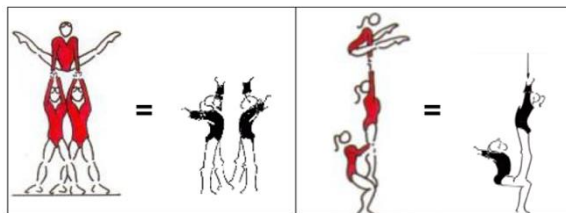
19. **Q:** Can they do the elements shown below from Appendix 4?



A: YES. Because in the TOD this element is value 10, we added it in the Optional Tables of 11 – 16 so pairs can perform these elements with the ID of the Pré-Youth Rules.

20. Art 4.3 The Optional Pyramid may be selected from one of the same categories used for the Compulsory Elements. (Not a variant of a compulsory pyramid).
 This means that variants of the compulsory pyramids of the same box in the TOD can **NOT** be done as an optional element.

Examples of pyramids that are considered the same:



21. **Q:** AG 11 – 16 WG Dynamic – Row 1, box 4 – can the start position also be on the front (stomach) as the TOD shows back and front as the same position?
A: Yes – you can start from either front or back.


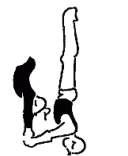




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Clarifications following the Intercontinental Judges' Course

22. Q: When is the additional Difficulty for WP and WG Balance applied for the base lying on the floor?

A: Refer to the examples below

			
Yes extra value	NO extra value	Yes extra value	NO extra value



23. Q: On page 7, the flag with legs together received +3. Does the rule for legs together (+1) apply?

A: No, in this box, the flag already has its legs together.



24. Q: Is the motion of the base with a turn of 180°, for example, considered the same as the same motion without the turn?

A: NO. The motion of the base with rotation is considered a different element. However, no additional value is given when the rotation is without motion up or down. See the examples below.

Example 1



3*			3*	
	→			
10 5	10 3	10 4		
23/T19 D	23/T19 D	23/T19 D		
23/5	23/T21 J-I	23/2		

≠
Motion of Base



3*			3*	
	→			
6 3	6 2	8 2		
19/T4 D	19/T4 D	19/T4 E		
	19/T4 D-E			
19/17	19/T6 J-I	19/11		

No Value for 180°

Example 2

3*			3*	
	→			
12 4	12 5	12 4		
23/T19 E		23/T19 E		
23/02	23/T21 I-K	23/09		

≠
Motion of Base

3*			3*	
	→			
12 4	12 9	12 4		
23/T19 E		23/T19 E		
23/02	23/T21 I-K	23/09		

OK value for 180°

25. Q: Cannonball +360° (p. 32/A, B, C, D, and E) and cannonball to Diamidov 360° (p. 29/F): Are these two mounts considered different?

A: YES. We consider them different because the opening from the Cannonball to Diamidov is performed as a dislocate motion compared with a cannonball +360°, where the performance should be an inlocate motion (opens oppositely).

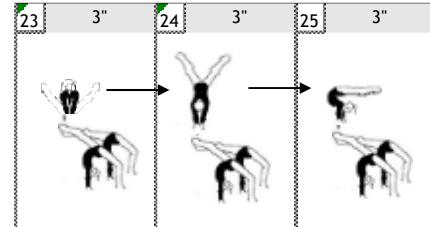


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- 26. Q:** Is the mount on p. 29 E only Disloc, or can it be performed with Diamidov?
A: NO. This mount is only Disloc. No rotations are allowed.

- 27. Q:** In a static pyramid with several static holds (see the example below), can they make a second attempt if the top falls?

Example:



A: Yes, they can, but the difficulty value for the base position is given only once, and appropriate TF is applied.

- 28. Q:** If there is a fall during a transition and the 2 pyramids are of the **same** category, can they rebuild the second base pyramid?

A: No, because it is a repetition of the same category.

- 29. Q:** Does it allow MG to perform the same mount on different pyramids?

Example: Kick into one arm.

A: Yes. The restrictions concerning the repetition of mount **only apply to Pairs**. So, for MG, the same mount is allowed on different pyramids.

- 30. Q:** In M4, only 2 elements with a throw of 1 partner, by 3 acting together, may be evaluated for difficulty. Can these 2 elements use the same start point?


A: YES

- 31. Q:** Following Art. 23.4, bullet point 5, please clarify: If one partner performs a dismount and another catch, how will this reflect the count for SR or restrictions in landing?

A: These elements are free of restrictions, regardless of landings or catches. They do not count toward landing restrictions or fulfilling the SR concerning catches.

- 32. Q:** When we have restrictions, how should we proceed in case there are more than the allowed number, for example, 4 links and 4 dismounts?

A: If more elements or links are performed, those exceeding the allowed numbers will not receive a difficulty value. In this case, the fourth one will not receive difficulty credit.

- 33. Q:** When performing this static pair/group position,  where should the foot/feet of the base be placed, and what is the exact spot for the top's hands to support the base's leg?

A: The hands of the top should be placed around the calf of the base. If the support is on the knee or further down to the thigh, it will be considered additional support, and the E-judges should apply a deduction of 0.5.

The foot /feet of the base should be placed on the Top's sternum (breastbone), as close as possible to the suprasternal point.



34. Q: Should the E-judges penalize additional support in this way of performance?

A: YES

35. Q: If a link is not performed for any reason, will each deduction be applied?

A: If there is a technical mistake, a penalty should be applied.





Pre-Youth (11-16)

36. Q: Can a pyramid from the compulsory rows be used as optional?

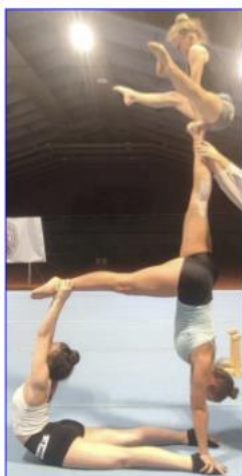
A: The Optional Elements cannot be taken from the Compulsory Element Table. Following Article 4.3, the Optional pyramid may be selected from one of the same categories used for the Compulsory Elements but not from the same box in the TOD as the Compulsory pyramid.

Example:

ROW 1		
	Compulsory - OK	Optional - NO





New element request:

WG Base Position



The FIG ACRO TC accepts this base position as a variant of the base position on p. 61 – A – 11.

Please include this base position in the TOD as shown below:

	11a	11b	
			
	6		



New Acrobatic Athlete Representative for the FIG Athletes Commission



Former Acrobatic gymnast Lore Vanden Berghe (BEL) was elected to the FIG Athletes Commission as its representative for Acrobatic Gymnastics at the World Championships in Guimarães (POR).

As athletes' representative, Vanden Berghe will sit on the FIG Athletes' Commission and participate in the Acrobatic Gymnastics Technical Committee meetings to ensure that the athletes' opinions are considered and their voices are heard.

She went on to graduate cum laude with a Master in Law from the University of Ghent and currently works as an attorney in Belgium specializing in Sports Law.

Her mandate began on 1 January 2025 and will run until 31 December 2028.

We ask all gymnasts who would like to express their views, concerns, or questions about acrobatic gymnastics to contact Lore so she can bring any issues raised by gymnasts to the attention of the ACRO Technical Committee.

You can contact Lore at the following email: lore.vandenbergher.fig@gmail.com

Notification:

A request for formal evaluation by the Acro TC must be submitted by your federation, using the official form found in the Tables of Difficulty, to the Acro TC President by email, neuelementsrequest@gmail.com

The evaluation request must be accompanied by a detailed drawing including a suggested value for the element along with an e-mailed video of the element.



Calendar of approved FIG Acrobatic Gymnastics Events:

• **International Judges Courses 2025**

City / Country	Dates (1st day/last day)
ATLANTA (USA)	05/01/2025 - 08/01/2025
BERLIN (GER)	31/01/2025 - 03/02/2025
TBILISI (GEO)	08/02/2025 - 11/02/2025
GOLD COAST (AUS)	14/02/2025 - 17/02/2025
ALMATY (KAZ)	18/02/2025 - 21/02/2025
SAO PAULO (BRA)	19/03/2025 - 22/03/2025
KINSHASA (COD)	05/06/2025 - 08/06/2025
TBC (IND)	23/06/2025 - 26/06/2025
TBC (ZIM)	04/08/2025 - 07/08/2025

2025

- 13th European Age Group Competitions - Luxembourg (LUX) 10-13.04. 2025
- Junior European Championships & 32nd European Championship - Luxembourg (LUX) 16-20.04.2025
- World Cup Puurs-Sint-Amands (BEL) 06-08.03. 2025
- World Cup Burgas (BUL) 30.05.–01.06.2025
- World Cup Baku (AZE) 13–15.06. 2025
- World Cup Aalen (GER) 19–21.06.2025
- World Cup Rzeszow (POL) 27–29. 06. 2025
- The World Games - Chengdu (CHN) 8–10.08.2025

Please distribute the information above to your coaches and FIG Brevet judges.

Respectfully,

Nikolina HRISTOVA
President FIG ACRO TC