

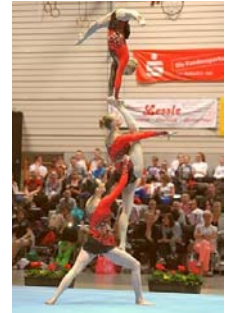


Lausanne (SUI), September 2014

Highlights from competitions

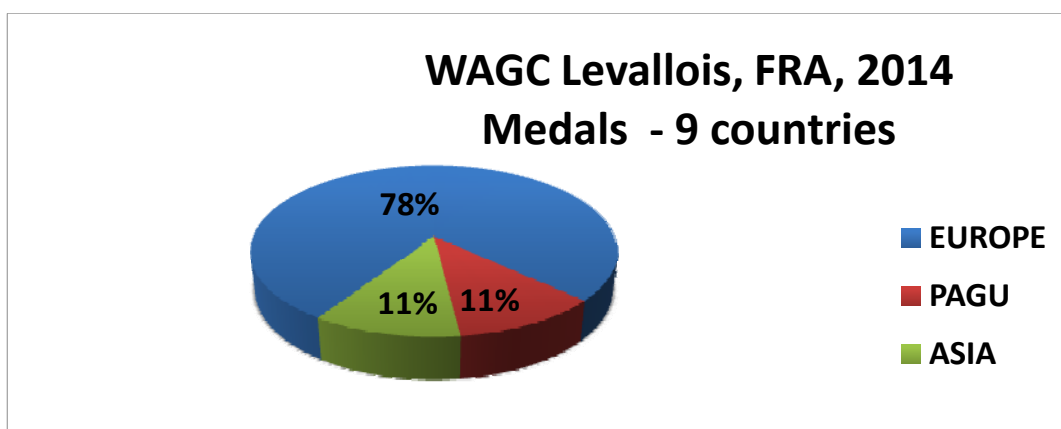
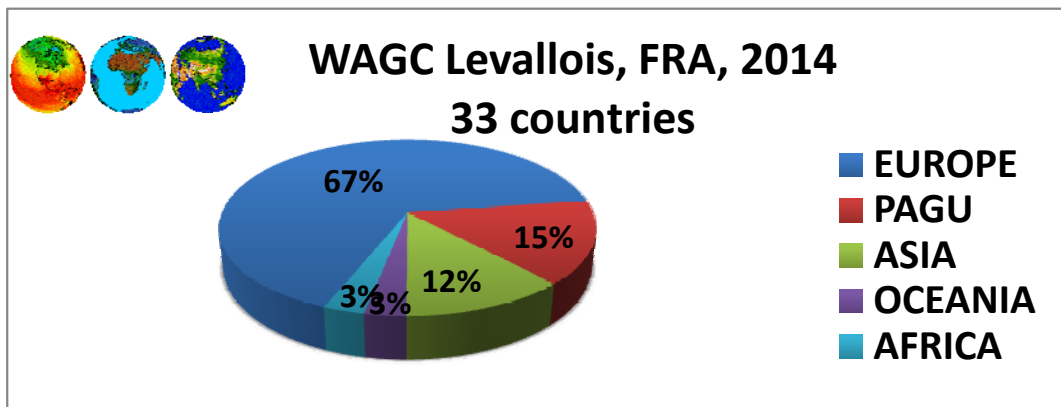
World Cup, GER, Aalen, 24th – 26th April

- 89 athletes from 10 Federations took part in the event. There was a good atmosphere and the athletes showed a high level of preparation.
- After the awards ceremony a gala took place with performers from the World Cup taking part.
- The competition was broadcast online via live streaming.



WAGC and World Championships in Levallois, France

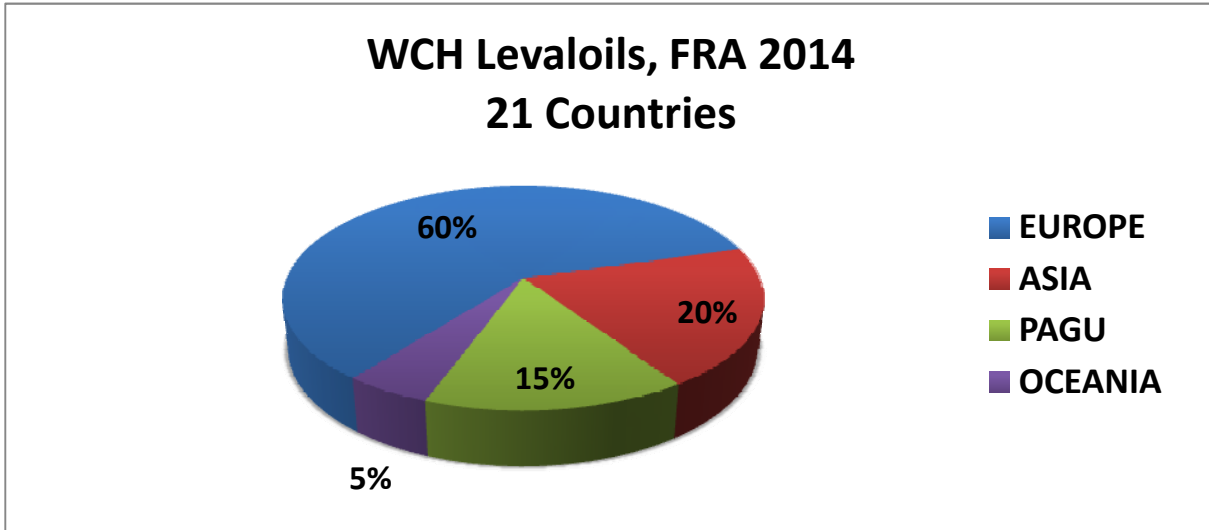
The LOC, the French Gymnastics Federation and the City of Levallois had the very difficult task of hosting the 8th WAGC because the number of participants was much higher than had been expected. There were 693 participants and 257 coaches, judges and officials from 33 federations and all continents!



Due to such large numbers, there were problems with providing adequate accommodation, meals and transport. This was the cost we had to pay for our success in increasing the popularity of our sport on the world stage!



For the 24th World Championships, there were more than 300 participants, 184 of them were athletes from 21 federations.

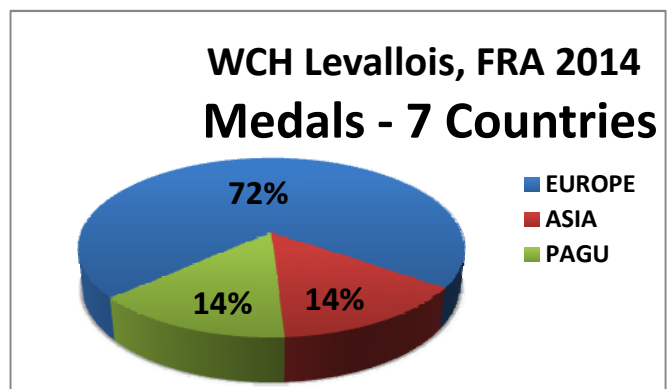


The Acro TC would like to express our sincere thanks to the French Gymnastics Federation for organizing the event, in particular Pascal Jourdan, Regis Walker, Michel Boutard, Christophe Lambert, Dr. Frederick Taouss and Carine Charlier. In addition, many thanks go to the FIG staff for their help and support throughout the competitions.

Both events were a great success with competitors from all over the world and medals being spread across several continents.



	Gold	Silver	Bronze
Russia	3	2	1
Great Britain	1	3	1
Belgium	1		2
China	1		
Belorussia		1	
France			1
USA			1





2016 Acrobatic Gymnastics World Championships is allocated to Putian, China



During the 2nd Youth Olympic Games (YOG) in Nanjing (CHN), International Gymnastics Federation (FIG) President Prof. **Bruno Grandi** (ITA) signed a contract that allocates the **25th FIG Acrobatic Gymnastics World Championships** in 2016 to the City of **Putian** in the eastern Fujian province in China's South-east.

China has a strong Acrobatic Gymnastics programme with the federation's most recent success being the World title won by the Chinese Men's Group at the 2014 World Championships in Levallois-Paris (FRA) in July.

*President Grandi and FIG Secretary General **André Gueisbuhler** met with the Vice Mayor of Putian Ms **Zhang Libing** (CHN) and Chinese Gymnastics Association President Dr **Luo Chaoyi** (CHN)*

Acro Army make the finals of America's Got Talent



Members of the United States acrobatic gymnastics national team from around the USA, all of them participated in either the World Age Group Competition or Senior World Championships, including reigning U.S. champions and World bronze medallists Kiley Boynton and Ryan Ward, advance to the finals on America's Got Talent as AcroArmy. Find out how they did in the next newsletter.



Limitation in the number of elements

The Acrobatic Gymnastics Technical Committee's proposals to simplify the rules for our sport were approved by the Executive Committee of the FIG on the 7-8 May 2014, Kuwait.

The main proposal was to limit the number of elements.

The following is a full explanation of the changes and new rules which will become effective from **1st January 2015** for the 12 - 18, 13 - 19 age groups and seniors:

Limitation of the Number of Elements

In case of any conflict between the limitation of element rules and the COP and / or Age group Rules, the following limitation of element rules take precedence unless noted.

Balance and Dynamic Exercises

Maximum number of elements for difficulty: 8 pair or group elements and 3 individual elements of the correct category. All special requirements apply.

Combined Exercise

Maximum number of elements for difficulty: 10 pair or group elements, and 5 individual elements. All special requirements apply.

Individual elements :

- Balance and Dynamic exercises:

Only 3 individual elements can be used.

All 3 individual elements must be declared on the tariff sheets and will receive difficulty.

- Combined exercise:

Only 2 elements category 1 and 3 elements category 2 can be used.

All individual elements in a series must be declared on the tariff sheet and will receive difficulty.

If an individual element is repeated, or not declared, the element(s) that follow are also given no difficulty.

Eg: Round of- flic flac- straight salto = series = 3 elements. For dynamic and cat 2 elements of combined, this series fulfils the max number and all three elements must be declared on the TS and will receive difficulty.

Only the elements used for difficulty must be included on the Tariff sheet.

ALL SPECIAL REQUIREMENTS MUST BE MET WITHIN THE DECLARED ELEMENTS ON THE TARIFF SHEET

Additional elements, e.g. like **very simple** entries/exits, can be performed (without difficulty).

If more elements are declared the first 8/10 count for difficulty and a deduction of 0,3 will be applied for incorrect Tariff Sheet.

Adaptation of the Age group Rules to reflect the limitation of elements

Please amend the following in the Age group rules:

~~12.4 — All elements to be performed must be declared on the Tariff Sheet.~~



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12.5 If elements of Difficulty beyond the additional 20 values allowed are not declared on the Tariff Sheet, but are performed, a penalty of 1.0 will be applied. *(with the exception of the very simple entries /exits (max V 5)*

~~15.4~~ *All elements to be performed must be declared on the Tariff Sheet.*

15.5 If elements of Difficulty beyond the additional 20 values allowed are not declared on the Tariff Sheet, but are performed, a penalty of 1.0 will be applied. *(with the exception of the very simple entries /exits (max V 5)*

Adaptation of the COP to reflect the limitation of elements:

17.8 The maximum number of individual elements that may be performed for difficulty credit by each partner is 3 in balance and dynamic, **5** in combined. The individual elements that will be evaluated for difficulty are the 3 or **5** declared on the tariff sheet. Unlimited additional individual elements may be performed for no difficulty credit.

Definition of an element:

PAIRS – Balance:

- Static Hold of the Top + Base position
- Motion of the Top + Static Hold + Base position
- Start position of the Top + Motion of the Base + Static Hold + Base position
- Start position of the Top + Motion of the Top + Motion of the Base + Static Hold +Base position
- Mount (final position 1 sec)
- Mount + Static Hold + Base position

"3"

10	4		
P.24 T20 J			
P.24 12			

"1" "3"

10	18	4	
P.24 T20 J			
P 24 T20 H-J			
P.24 12			

"1" "3"

10	9	10	5
P.24 T20 J		P.24 T20 J	
P 24 T21 H - K			
P.24 10			

"1" "3"

10	9	12	5	5
P.24 T20 J		P.24 T20 M		
P 24 T21 H - K		P 24 T 20 J - M		
P.24 12		P.24 10		

"1"

11			
P 35 A – A 20			

"3"

10	11	4	
P.24 T20 J			
P 35 A – A 20			
P.24 12			





WOMEN'S GROUP – Balance:

- Value of the Base Position + Static Hold
- Static position of the Top and/or Middle + Base position
- Motion + Static position of the Top and/or Middle + Base position
- Value of Mount (final position 1 sec)
- Value of Mount + Final position + Base position

"3"

10		16	
P 62 T9 A			
P 65 D3			

"3" "3"

9+7		4	
P60T2 A , F			
P 66 A 4			

"1" "3"

10	6	16	
P 62 T9 A			
P62 T9 F -A			
P 65 D3			

"1"

	6		
P 36 B – E36			

"3"

16	6	14	
P 60 t 2			
P 36 B – E36			
P74 D 6			

EXAMPLE



MEN'S GROUP – Balance:

- Value of the Base Position + Static position of the Top
- Static position of the Top and/or Middle + Base position
- Motion of the Top and/or Middle + Static position of the Top and/or Middle + Base position
- Start position of the Top + Transition + Final position of the Top + new Base position
- Start position of the Top + Motion of the Top + Transition + Final position of the Top + new Base position
- Value of Mount (final position 1 sec)
- Value of Mount + Final position + Base position

12		16
P 92 1 E 36		
P 104 A 3 47		

10+7		14
P92 1A 16\2A16		
P 113 C 9		

2		12	16
P92 1 E 36			
P 94 F - E			
P104 A 3 47			

12		4	10	10
P 92 1 E 36			P 92 1 E 36	
P 91b				
P 100 A 3 9				

12		4	1	6	10
P 92 1 E 36			P 92 1 A 16		
P 94 E - A					
P 91b			P 100 A 3 9		

	6+6	
P 38 B E 36		

12	6+6	16
P 92 1 E 36		
P 38 B E 36		
P104 A 5 46		

EXAMPLE



Question from Federations and clarifications from the Acro TC:

Age group 11-16:

A pair select compulsory balances from 3 rows, all showing straddle lever and they also select a straddle lever as their optional element. Is this possible and if not what is the deduction?

1. For age group 11-16

We have said that the Code of Points restrictions etc. **do not apply**, unless it is made clear in the Age Group Rules. They do not refer to the Code of Points for 11-16.

Based on this, yes, it is possible for them to do 4 straddles, there are no limitations.

However, an artistry penalty of 0.5 should be applied for all static holds using the same position. It is possible to choose other positions.

2. COP: Art 21.6

Question: The Age Group rules for men's group are not clear. Can gymnasts not do 2 separate pyramids?

Yes they can – to clarify they can do: 2 separate pyramids OR 1 separate pyramid and one transitional pyramid.

3. Reminder: COP – Article 46.2 No: 17

This cycle, 2012 - 2016, is a trial cycle to see how coaches manage more freedom in competition attire. We have seen some beautiful leotards. However, some coaches have already crossed the line. If this trend continues, we will need to review the freedom that has been given during this cycle.

Some specific examples:

- Clown outfits are not appropriate for competition.
- Skirts need to be skirts, and not raised attachments added to the leotard. Hawaiian grass skirt style is not acceptable.

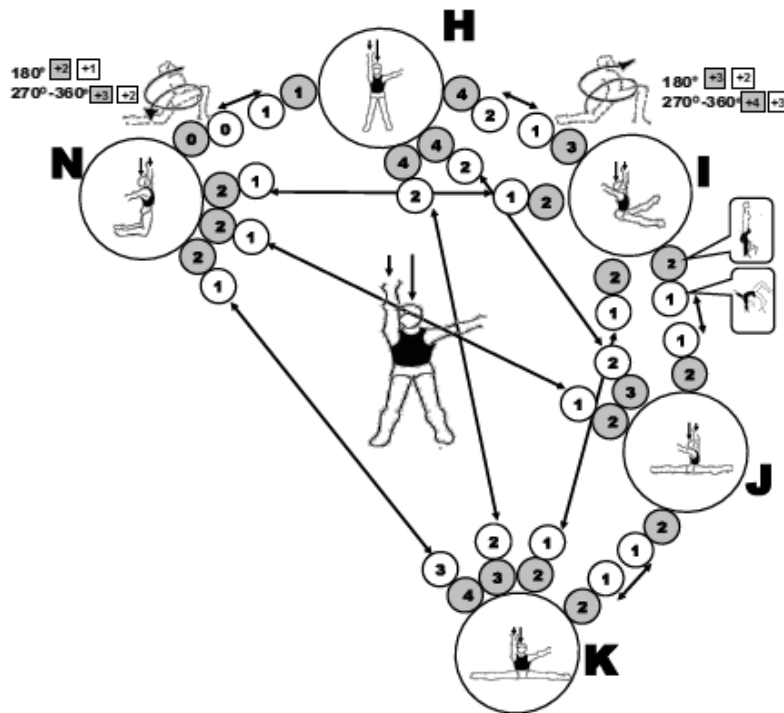
The ACRO TC will never measure the length of the leotards / skirt. However, according to the rules, the skirt must cover the pelvic area. When the bottom of the leotard is showing below the skirt, obviously it is too short. We also don't want to see "dresses"

The ACRO TC hopes that coaches will be more careful in the future so we do not have to impose stricter competition attire rules for the next cycle.

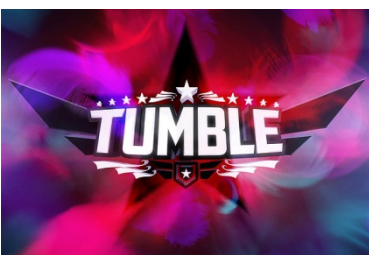


Tables of Difficulty

The values of Table 3, page 19 in the table of difficulty have been adjusted as outlined opposite.



“Tumble”



The new Saturday night TV entertainment show ‘Tumble’ started on the 9th August on the BBC, UK. Ten celebrities are vaulting, tumbling and flicking head-over-heels in a bid to win the public’s votes in this exciting new gymnastics show.

The producers selected gymnasts from all over the world to pair up with the celebrities and some of them are former acrobatic gymnasts:

Doug Fordyce - Former world and European acrobatic gymnast and a member of the original Spelbound, based in London.

Alex Uttley - Former world and European acrobatic gymnast and a member of the original Spelbound, based in London.

Kristin Allen - Former world champion acrobatic gymnast from the USA.





Reminder - Lets promote Acrobatic Gymnastics whenever we can!

Note from Blythe Lawrence - member of the media team at the FIG:

When something happens in the World of Acro, we totally want to hear about it.

We'll do articles for the FIG website. We'll work with you to arrange interviews. We'll share the news on Facebook and Twitter. Sending us news of honours gymnasts receive, of cool things they're doing when they aren't in the gym, their special projects, anything unusual would be excellent. Please contact me at: blawrence@fig-gymnastics.org

Acrobatic Calendar

- **World Cup – The Pat Wade Classic**, GBR, , 13th – 17th November 2014 - **Cancelled**
- **World Cup – Maia Cup**, POR, 4th – 8th March 2015
- **World Cup – Varna**, BUL, 7th – 9th May 2015
- **World Cup – Geneva**, SUI, 14th -16th May 2015
- **European Olympic Games, Baku, Aze**12th – 26th June, 2015
- **World Championships and WAGC 2016** : CHINA, Putain, 21st March - 5th April 2016

Rosy TAEYMANS,

President of the Acrobatic Gymnastics Technical Committee.

Karl WHARTON,

Secretary