

NEWSLETTER – N° 5 – June 2026 (Naples, ITA)

IN MEMORY OF MS. DIMITRINA KANDEVA



The World Gymnastics Aerobics Technical Committee is deeply saddened by the passing of Ms. Dimitrina Kandeve. A respected international judge and devoted supporter of Aerobic Gymnastics, she will be remembered for her kindness, professionalism, and unwavering commitment to our sport. Many of us had the privilege of seeing her at the Suzuki World Cup in Japan only a few months ago, where she continued to serve the Aerobic Gymnastics community with her characteristic warmth and dedication. Her legacy will continue to inspire us, and she will be greatly missed.

INFORMATION

1) ONLINE COP – WGym Website: <https://www.fig-aerobic.com/>

The Online Code of Points is currently being updated to incorporate several corrections. We will notify you once it is available for use.

WGym Website ➡ Discipline ➡ Aerobics (Quick Link) ➡ Online Code of Point

2) FIG Rules for Award Ceremonies (WGym Website – Main Rules)

Please note that the Executive Committee has approved revisions to the “FIG Rules for Award Ceremonies.” The revised Rules are effective immediately (Valid from June 9, 2026) and the updated document is now available on the website.

3) Fitness Convention – Pamplona 2026

A Fitness Convention will be held on the morning of 13 September in Pamplona during the World Championships at the Baluarte Convention Center (next to the Arena). You may attend the Convention free of charge with your World Championships accreditation. More detailed information will be published soon.

4) WYC, JR WCH and WCH – Pamplona 2026

On behalf of the AER-TC, we would like to express our sincere gratitude for your wonderful participation in the upcoming World Youth Competition, Junior World Championships and the Senior World Championships in Pamplona, ESP.

The large number of registrations reflects the continued growth and strength of our sport, and we look forward to welcoming athletes, coaches, judges, and officials to Pamplona for what promises to be an unforgettable championship.

We cannot wait to see you all in Pamplona!

COP CLARIFICATION / REMINDER / CORRECTION

5) PART 1: Chapter 1: 1.12 COMPETITION FLOOR / JUDGES' SEATING (page 10)

Seating position of the Execution and Artistry Supervisors are switched, and the Time judges' position is moved to the far-left end as show below.

JUDGES PANEL A																
T	E	A	E	A	E	A	CJP	Sec	D	D	E	A	E	A	E	A
1	1	2	2	3	3				1	2	4	4	5	5	6	6

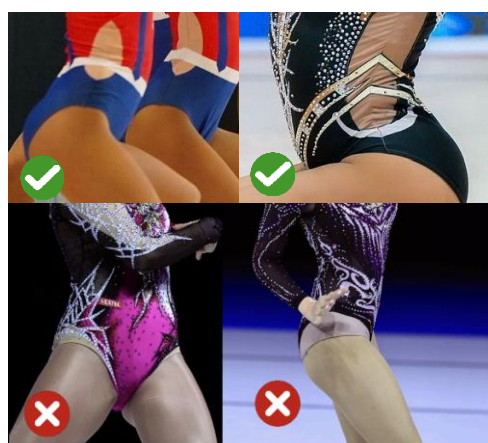
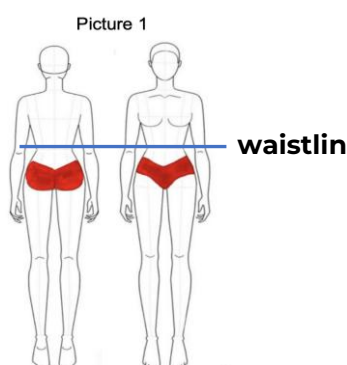
JUDGES PANEL B																
T	E	A	E	A	E	A	CJP	Sec	D	D	E	A	E	A	E	A
1	1	2	2	3	3				1	2	4	4	5	5	6	6

SUPERIOR JURY & SUPERVISORS							
ES	ES	SJ	SJ	DS	DS	AS	AS
AS	AS	A	P			ES	ES

6) PART 2: Chapter 2: 3.1- DRESS CODE – 3.1.1. CORRECT ATTIRE – 11th Bullet (page 15)

The pelvic/crotch area must be covered with non-transparent, non-skin colored material up to (till) the hip bones.

As in the Newsletter #2 (April 2025), the “pelvic/crotch area” are marked in RED (Picture 1). The line of the Waist is little above the hipbones. Therefore, the RED area must be covered with non-skin colored material.



7) PART 2: Chapter 4: DIFFICULTY 4.5 – CRITERIA (page 22)

< Evaluating the Difficulty Elements > - 1st bullet

Difficulty element is recognized only with clear “start”, “main phase” and “ending”.

8) PART 2: Chapter 4: DIFFICULTY 4.7 – TECHNICAL REQUIREMENTS – Family 6 (page 25)

B660: “Scissors leap 1/2 turn 1/1 twist to push up (Nezezon)”

Technical Requirements:

- Straight leading leg at least 45° from the floor.
- Switch action must be shown in the airborne phase.
- Split position of minimum 160° in airborne phase.

Therefore, a parallel split position is not in the technical requirement for Difficulty. However, Execution judges will apply deductions according to the CoP.

9) PART 3: Appendix 1: AEROBIC DANCE (page 46)

< 2nd Style >

The routine must include 32 to 64 counts of "2nd Style" (Any Style of Dance with same or different steps within the members are allowed) that is different from the rest of the choreography.

Throughout the Aerobic Dance routine, it should be performed with the Dance movements of AMP Sequences more freely and should be different from other categories (IM/IW/MP/TR/GR).

If the 2nd Style is not clearly different from the rest of Aerobic Dance movements, it will not be recognized as the "2nd Style" and will be deducted.

10) PART 3: Appendix 2: AEROBIC STEP (page 51)

< Stepping Sequence >

To be recognized as a Stepping sequence, all members must perform stepping action (up and down) at the same time and may change the platform used.

The routine MUST USE the Step (platform) to the maximum throughout the routine by stepping. Stepping action is NOT just touching the Step (platform). MUST perform actual up and down stepping actions by all members within the 8-counts to be recognized as a Stepping sequence.

CALENDAR – 2026 (as of June 17, 2026)

1. ID	2. DATES	3. TITLE	4. CITY
18525	31/07 – 02/08	FIG World Cup 2026	Oradea, ROU
18596	31/07 – 02/08	Romgym Trophy Nadia 10	Oradea, ROU
18572	04/08 – 07/08	10 th Junior Asian Championships 2026	Tagaytay, PHI
18573	04/08 – 07/08	10 th Youth Asian Championships 2026	Tagaytay, PHI
18571	04/08 – 07/08	10 th Senior Asian Championships 2026	Tagaytay, PHI
18560	06/08 – 09/08	Pharaohs Cup 2026	Giza, EGY
18213	04/09 – 06/09	2 nd Aerobic Gymnastics Junior World Championships & 12 th Aerobic Gymnastics World Youth Competition	Pamplona, ESP
18173	11/09 – 13/09	19 th Aerobic Gymnastics World Championships	Pamplona, ESP
18585	16/10 – 18/10	17 th Plovdiv Cup Aerobics Open	Plovdiv, BUL

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