



LAUSANNE (SUI), November 2018

2018 Code of Points

Questions and Answers

Generalities

1. A gymnast loses 1 club out of the floor area. She takes a replacement club, removes her own club and takes the second club (so as to use the same clubs in the pair). What is the penalty? **0.30 + 0.30 (two different, separate times).**
2. What to do in this case: in a Group exercise with clubs, two different gymnasts lose one club each outside the floor area, crossing same or different lines? **0.30 +0.30**
3. One gymnast loses both her clubs at the same time but each club crosses a different line: who takes the penalty? **Only one time -0.30 (#3.2, page 8), and the SJ will confirm which line judge will deduct the penalty.**
4. Is it possible for a gymnast to wear a leotard and additionally “socks” or decorative legwarmers? **No because the leotard must be all in one piece.**
5. Individual exercise: Is there a penalty if a BD group is present but not counted in the highest 9? **No penalty for “missing Body Group” (ex: rotation) if a pivot is present in the exercise even if it’s not counted within the highest 9.**
6. **During the exercise with the hoop a gymnast loses the apparatus out of carpet and takes the replacement apparatus to continue the exercise. In the second part of the exercise the gymnast again loses the hoop which crosses the boundary. She did not recover the hoop which she lost nor did she take the second replacement apparatus but took her own hoop which she lost out of the floor area the first time. What is the penalty by the Line and Coordinator judges? First loss: 0.30 for apparatus crossing the boundary of the floor area (line); second loss: 0.30 for apparatus crossing the boundary (line), 0.30 for gymnast crossing the boundary (line), and 0.50 for use of an unauthorized replacement apparatus (Coordinator).**
7. **If an individual gymnast becomes injured or unable to continue for unforeseen reason and cannot complete her exercise, how should the judge proceed? Each subgroup of judges D and E will give their score up to the moment she stopped, including all relevant penalties.**
8. **If an apparatus is lost and leaves the floor area, the gymnast takes the replacement apparatus, and then the apparatus returns and stays inside the floor area, is there a penalty for the apparatus which returned by itself and stays on the floor?**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

0.30 for loss outside the floor area and 0.50 for an unauthorized use of replacement apparatus (original apparatus still in the floor area).

9. **What is the Apparatus Program for Juniors for 2019-2020?** See Code of Points p. 81! Individuals: Rope, Ball, Clubs, Ribbon; Group: 1st exercise: 5 Hoops; 2nd exercise: 5 Ribbons

D1-D2

1. How can the judges understand the difference between a 10° deviation (0.10) and 11° (0.30)? **The angles are just a guideline. Judges will learn to think in terms of small, medium and large deductions.**
2. For the ring position during a BD: can the foot touch any part of the head? **YES.**
3. What will be the technical penalty for a split leap with ring if there is a small deviation in the split and a small deviation in the ring positions? **Technical fault: -0.10 (for small deviation of the split) and -0.10 (for small deviation in the ring) See #2.3.1, page 16 the BD is valid with a Technical Execution penalty “for each incorrect body position.”**
4. Split Leap with ring: A gymnast medium deviation in the ring position (0.30) and front leg medium deviation in the split (0.30). Is it 0.60? **Yes, Technical faults are 0.30+0.30; BD is valid with medium deviations.**
5. In addition to the incorrect body positions (split or ring, etc.), if the gymnast performs the leap with a kip movement, does the Technical Execution judge deduct for the incorrect shape with deviations and also kip movement? **YES, the judge will deduct for “incorrect shape with (small, medium, large) deviation” (for each body position that is relevant #2.3.1) and “shape with (small, medium, large) kip movement.”**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated June and November 2018

6. What are the D values and technical faults for these jumps executed in this way?

D: 0.30 TF: -0.50	D: 0.50 TF: -0.30	D: 0.50 TF: -0.10
		

7. Further to the above example: if a gymnast performs — later in the exercise, is this jump valid? **No, this is a repetition of the first leap above so it is not valid and cannot be part of the highest 9.**
8. If a gymnast performs a leap with an “incorrect landing: visible arched back during the final phase of landing,” and because of this, her front leg lands heavily, should the technical execution judge penalize 0.30 (arched landing) + 0.10 (heavy landing)? **Most often a jump with an “incorrect landing: visible arched back during the final phase of the landing” also has a heavy landing with the front leg; therefore, only one landing penalty should be taken for each jump: if arched back during the final phase -0.30; if only a heavy landing (no arched back during the final phase) -0.10.**
9. Difficulty jump #20. Split leap, or with ring or with back bend of the trunk, or take-off and landing on the same leg (Zaripova). Should a gymnast also demonstrate “split” and “ring” in “Zaripova”? **Yes, both these criteria are required.**
10. If a Balance Difficulty is performed with a small or medium deviation in the shape, is this position still considered “well-defined” for the balance to be valid? **Yes, see #2.3.1. A shape with a small or medium deviation in the shape is recognizable and can be validated with technical fault(s).**
11. For Balance Difficulty: is a Balance Difficulty valid if the gymnast does not execute a stop position? #9.1.2: **“If the shape is well-defined and the apparatus element is executed correctly (example: side split without support with bounce of the ball during the shape presented) but the stop position is insufficient, the balance is valid with a technical execution penalty (-0.30 “shape not held for a minimum 1 second” page 54).**



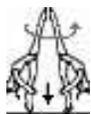
THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

12. For these balances:  and  : if the trunk is between both those 2 shapes, is this a deviation in the shape? **No: for balance #8 the trunk is “horizontal or below”;** therefore, anywhere horizontal or below is valid without a deviation.
13. For Balance #23, is it necessary to have a stop position in the first shape? **No, it is a Dynamic Balance, which do not need stop positions in any phase of the balance (#9.1.2, C).**
14. If a gymnast performs with a stop position in a dynamic Balance, any penalty deducted? **No penalty.**
15. If a gymnast performs a Balance with a stop position and correct apparatus handling and after puts her hand down as support, is the BD valid? **No: if the loss of balance with support happens while she remains in any phase of the Balance position, not valid (see #2.2.3).**
16. Regarding #10.1.2: “Rotation will be evaluated according to the number of rotations performed. In case of an interruption (hop), only the value of the rotations already performed prior to the interruption will be valid.” Are any rotation(s) valid after the hop(s) without travelling and hop(s) with travelling? **-0.1 hop(s) without travelling: Yes, valid; -0.3 hop(s) with traveling: not valid.**
17. During a rotation pivot a gymnast supports on the heel during a part of the rotation when performed in relevé, difficulty valid? **According to 10.1.2 Rotation will be evaluated according to the number of rotations performed. If only one rotation less than base rotation is performed with interruption, difficulty not valid. In case of an interruption in other rotations after first base rotation, only the value of the rotations already performed prior to the interruption will be valid.**
18. During a Rotation difficulty, the shape must be achieved before the end of the minimum basic rotation (#10.1.7): does this mean the base rotation is valid with a deviation in the shape? **YES, as long as the shape can be identified before the final position is achieved.**



However, in this rotation  , the shape can only be identified once the final position has been achieved.

NOTE: a deviation in the shape is different than the preparation phase of the rotation.



19. For  is it necessary for arms to touch leg? **No; it is not necessary for arm to touch, Split is required and backbend of the trunk below horizontal.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated June and November 2018

20. During a pivot penché with ring, the first rotation has a small deviation in the ring position, the second rotation has no deviation, and the third rotation has a medium deviation in the ring position: what is the technical fault? **-0.30 for medium deviation, taken one time for the same body position during one BD.**
21. If the ball is placed in the back during a ring pivot with support, is it necessary for any part of the leg to touch the head? **YES; for BD which require contact between the head and leg, her leg must touch any part of her head, including her hairstyle (“bun”).**
22. Page 22. Note: “An apparatus element can only validate one BD even if there are 2 actions of the apparatus element.” Could you please clarify if this is correct: The same bounce of the ball (bounce and catch after this bounce) cannot be used in two connected balances – for example, bounce on the first balance and catch on the second balance? **Correct.**
23. If a gymnast has a small knot in the ribbon, will a BD be valid with this knot? **Not valid because this is a technical fault of -0.30 (see BD #2.2.3, Dance Steps #4.4, AD #6.2.3)**
24. Dance Steps: are the pre-acrobatic elements listed in 5.4.1 plus illusion the only elements not authorized in the Dance Steps (would other rotational elements **not listed** be authorized during the Steps in the steps?) **Those listed is #5.4.1 and #5.4.2 are not authorized during dance steps and any modifications in performance to the pre-acrobatics listed are also not authorized.**
25. During Dance Steps Combination (S), a gymnast changes the modality 2 times but no change of the level, rhythm, or direction. Is this dance step combination valid? **No because missing 1 variety (4.1.3).**
26. A gymnast performs a Dance Steps Combination, fulfilling all requirements for 8 seconds; after this, she still continues the Dance but loses the apparatus. Are the Steps valid? **YES, if she first completes all requirements, it is valid.**
27. If a gymnast performs bounce of the ball under the leg during jeté jump from right hand to left hand and after during a balance she has a front bounce, are they considered different? **Yes, different.**
28. **If a gymnast performs a Fouetté Balance with a hop during some phase of the balance, is the Balance valid? What is the technical fault? Yes, valid: see COP #2.2.3, page 14: only for those points listed in #2.2.3 will the BD not be valid; the TF is page #54, Basic Technique: “loss of balance additional movement without travelling” (-0.10) or “loss of balance: additional movement with travelling” (-0.30). In either case, these are faults of body technique not of apparatus so the BD is still valid.**
29. **During a fouetté balance, a gymnast performs one of the balance components while rotating: is this valid? NO.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

30. **If a gymnast holds the ball against the forearm during a BD and the apparatus should be “unstable”, is this valid?** Yes, valid: see COP #2.2.3, page 14: only for those points listed in #2.2.3 will the BD not be valid; the ball “grasped against the forearm” is a technical fault with the apparatus of -0.10 (p. 56) so it is valid (in cases with a TF of apparatus of -0.30 or more is the BD not valid).
31. **If a gymnast completes 360° base rotation for a Rotation BD with correct apparatus handling and valid shape and then loses the axis, is this BD still valid with technical fault of -0.30?** Yes, valid if the base rotation is correctly completed with apparatus handling, TF for loss of axis. If the loss of the axis is before the end of the base rotation, not valid because not performed according to basic characteristics.
32. **Will Body Difficulty or Dance Steps Combinations be valid with any knot in the ribbon? Must it be removed?**
BD or S with any knot in the ribbon will not be valid because a technical fault with the apparatus 0.30 or more (#2.2.3, p.15). It is necessary to remove the knot or take the replacement apparatus for any remaining D elements to be evaluated.
33. **If a gymnast performs a Balance with the correct shape and valid apparatus handling which is held for less than 1 second (not “twenty-one”) is this valid? VALID with technical fault of -0.30 (#9.1.2).**

ATTENTION:

- ❖ **2 BD with non-dominant hand for JR!**
- ❖ **Repetition of identical handling on two different BD**
- ❖ **Invalid handling (i.e.: tapping of the hoop on the floor)**
- ❖ **Dance Steps that are not complete 8 seconds (final second(s) are preparation for the next D element)**

D3-D4

1. If the gymnast intentionally catches the hoop on the wrist or forearm, is this still valid for “direct catch in rotation” even though it is no longer valid for “no hands”? **YES. Valid as direct catch in rotation (intentional catch on arm) but NOT additional 0.10 for “without the help of the hands”. Catch on another part (like elbow) can be also “without the help of the hands”. No Technical Fault for incorrect catch when the judge can identify it is intended as part of the choreography (has a smooth connection which follows into the next movement).**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated June and November 2018

2. How many steps are tolerated as the gymnast exits a chaîné or cartwheel or walkover to catch the apparatus before the penalty for “imprecise trajectory” is applied? **From chaîné: a gymnast must open her leg from the turning position-this step is tolerated. If the gymnast performs this tolerated step to go out of the chaîné or pre-acrobatic element it's accepted but if it's performed in order to save her apparatus from falling it will be considered as imprecise trajectory.**
3. If the gymnast has choreographed steps or stylized body movement under the flight of the apparatus during AD, the penalty for imprecise trajectory would not apply, correct? **CORRECT**
4. If the gymnast catches the apparatus during the last rotation of R ex: illusion or cartwheel or roll, but this catch is not outside the visual field, is it still valid for the number of R rotations and any possible other criteria like change of axis or rethrow (even though it is no longer possible for the “direct catch in rotation”?) **YES.**
5. In AD for the throw of the apparatus on the horizontal plane: must this also be “more than two heights of the gymnast”? **Only to be valid as an AD 0.3 of a large throw.**
6. If a gymnast loses one end of the rope with an interruption during catch, is the R counted? **YES (according to R definition).**
7. During the catch of the ribbon in R, if a part of ribbon not the stick is caught, is the R counted? **Yes (according to R definition).**
8. If the gymnast performs the basic requirements for R but the gymnast falls in order to catch the apparatus, is the R valid? **Yes (according to R definition).**
9. If a gymnast has a small knot in the ribbon, will R be valid with this knot? **Valid (see #5.1.2 and #5.1.4).**
10. Regarding the height of the throw of the apparatus for AD: if the gymnast throws the ribbon fully stretched outward (but not upwards), is this a medium throw? **Yes.**
11. The below Non-Fundamental roll elements for example clubs/ribbon are valid for 0.30 AD only if performed on a minimum 2 large body segments according to 6.3.2, correct? **YES; for a value of 0.30.**
 - a. **Rolls of 1 or 2 Clubs over a minimum of 2 large body segments**
 - b. **Roll of the Ribbon stick over a minimum of 2 large body segments**

Note:

- **Rolls of 1 or 2 clubs on the part of the body or on the floor will be valid for AD 0.20.**
- **Roll of the ribbon stick on the part of the body will be valid for AD 0.20.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

12. If an AD element has two bases, how does the judge determine the value? **The value of the highest base correctly performed.**
13. Can a gymnast receive 2 ADs (AD throw and catch of this AD) if executed correctly? **Yes, they have different bases but must also be different criteria.**
14. **Will AD be valid with small knot in the ribbon?**
AD with small knot in the ribbon will not be valid, because a technical fault with the apparatus 0.30 (#6.2.3, p.28). Major alteration of the basic technique of the apparatus (technical fault of 0.30 or more). It is necessary to remove the knot or take the replacement apparatus for any remaining D elements to be evaluated.
15. **A gymnast performs penché balance with rotation of the hoop on the upper foot (without hands, without visual field), then small throw of the hoop without hands and without visual field maintaining this balance. Are there one or two ADs? This is one AD: one “particularly difficult synchronization between apparatus and body.”**
16. **For AD: if there is a Base and criteria correctly executed, is an AD valid? AD must be according to the complete definition (#6.1) not a partial definition.**
17. **Sometimes AD elements are ‘interesting’ or ‘innovative’ but do not have two criteria (or two bases with one criteria), can such elements be valid because they fulfill most of the definition? NO, to be valid AD must fulfill the complete definition (#6.1).**
18. **If a gymnast attempts to perform a large roll but the ball does not actually roll over two large segments, is this a technical fault or the AD is not valid? Both: the AD is not valid because the definition of the Base (roll over 2 large segments) is not met; there is a technical fault of 0.10 depending on the error (incomplete roll or roll with bounce).**
19. **Can you explain the difference between “roll” and “sliding?”: ROLL: *rotation motion around an axis*; SLIDING: *movement with a falling action from top to bottom***
20. **Please clarify: is a cartwheel on one hand the same as the same cartwheel on two hands (i.e., a repetition) or are these different? SAME (repetition) #5.4.2 lists differences:
*Walkovers and cartwheels are considered different:***
- *forward or backward or sideways*
 - *on the forearms, on the chest or the back*
 - *with and without switch of the legs*
 - *starting and landing positions: on the floor or standing*
21. **Definition of Boomerang:**  “Boomerang“: release of the ribbon (the end of the ribbon is held) in the air or on the floor and catch: **an element which only includes**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated June and November 2018

a pull back of the ribbon (without the release) does not meet the definition of Boomerang. Also end of Ribbon must remain in the hands without release in the air.

22. For AD, clarification:

- Medium throw ↗ = 1 AD possible (0.20)
 - Catch from Medium throw ↓: 1 AD possible (0.20)
- } 2 different technical groups (#3.4)
- Small throw/catch ⇒ AD possible (not 2 ADs for the same small throw and catch because 1 technical group)

ATTENTION:

- ❖ Apparatus Base (for BD and AD) not performed according to its definition
- ❖ 1.5 Base Rotations in DER

AD: BASE THROWS (small, medium, large)	
AD + one or more steps* + catch	Not valid: TF -0.30 or more (*clearly imprecise trajectory: steps performed to save the apparatus from falling)
AD + loss of apparatus	Not valid: TF -0.50 or more (loss)
AD: BASE CATCH	
One or more steps + AD	Valid

Artistic Execution

1. If a gymnast has insufficient use of the body segments throughout the entire exercise but does perform 2 partial or full body waves (as the only visible use of the segments), what is the penalty? **0.10 insufficient use of the body segments.**
2. Is it possible that she uses the segments actively and the face participates (no penalty) but she does not actually perform 2 “waves” of any kind, penalty 0.20? **YES, the penalty of 0.20 is applied because of absence of a minimum 2 different body waves (partial or full).**
3. If a gymnast has only 1 wave, is the penalty of 0.20 applied? **Yes.**
4. **For the Fundamental requirement catch of the ball with one hand: if the gymnast catches in one hand and then immediately supports with a second, is this valid for the Fundamental requirement (with a technical fault)? Yes**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

5. What if there is an absence of harmony between the music and movement at the end of the exercise where the gymnast clear finishes before the music has ended: is this also the same penalty of 0.50? **YES**
6. What if there is clearly a dynamic change in the music that the gymnast does not respect with a change in her movements? There must be at least one identifiable dynamic change in the exercise; otherwise there is a penalty of 0.30.

Technical Execution

1. In which case is the penalty for “walking in the handstand position” (-0.30) taken?
 - Walking in the handstand position: visible change support from one hand to another with steps, minimum 2
2. Can you clarify when “steps” taken under the flight will be penalized as the technical fault “imprecise trajectory and catch in flight with 1 (or 2 or more) steps”?
 - If the steps are performed to avoid the loss of apparatus due to a throw that flies in an unintended trajectory (example: too far forward, the opposite direction, etc.), these are penalized
 - If the steps are intentionally choreographed (have some character of movement), these are not penalized
3. When the gymnast is waiting to catch the apparatus with visibly bent elbows, is this a penalty for “incorrect segment?” **YES**. Please see #6 Technical Execution: incorrect segment: Body segment incorrectly held during a body movement (**each time**), including the incorrect foot and/or knee position, bent elbow, raised shoulders, etc.
4. What are the penalties for the following situation: a gymnast throws the apparatus with an imprecise trajectory, runs for 3 steps but loses the apparatus? It would be a loss based on the number of steps taken in her attempt to catch it (1.00).
5. If a gymnast throws with an imprecise trajectory, runs for 3 steps but loses the apparatus and falls in trying to catch it, what is the penalty? 1.00 (see above) plus total loss of balance with fall (0.70) = 1.7.



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

GROUP

D1-D2:

1. **Max 9 BD/ED:** Are extra Difficulties allowed in Groups? In Requirements for Difficulty #1.7, the table lists the minimum number of BD and ED (4 and 4), with a total of 9 maximum, one by choice. ED and BD are counted in their performance order (page 66, #7.1) and no more than 5 total ED or BD would be counted. If a Group performed more than 5, those ED or BD would not be evaluated and the composition would be at risk of increased Artistic penalties for the Unity of the composition and for possible technical faults.
2. If a group exercise has 6 BD and 6 ED, there is no penalty; but should the judges validate the first difficulties, or the best difficulties? For the first 5 in “their performance order” (#7.1), regardless if they are valid or not.
3. If a group exercise has 7 BD and 2 ED, is there is a penalty for less than 4 ED performed? Yes, there is an overall penalty for less than 4 ED performed -0.30 (#7.1) and only maximum 5 BD in order of performance can be evaluated.
4. Can a Group perform 9 BD + 0 ED, with 0.30 penalty for less than 4 ED? The maximum number of Difficulties is 9, with a minimum of 4 BD and 4 ED (and one by choice). Even if the Group performs 0 ED with a penalty of -0.30 for less than 4 ED, it is not possible to exceed 5 BD per the principle of #1.7.
5. If BD is executed in rapid succession in subgroups, will it be penalized? #2.1.3 specifies a minimum of 3 BD, 1 from each body group, that may not be performed in subgroups. However, the performance in rapid succession can be performed in different formations. For the other 1 or 2 BD, subgroups are possible as long as there are the minimum three according to #2.1.3.
6. If one of the Group gymnasts does not hold the balance for a minimum 1 second, is the BD valid? Same principle as Individual: BD valid and technical fault of -0.30.
7. Regarding #2.2.2: “Only Exchanges by large throws (no boomerang) of the apparatus between the gymnasts are valid as ED. Large throws are determined by the required height or a distance of 6m between the gymnasts.” What if the 5 gymnasts throw with distance 6m and low height, but 2 gymnasts in one subgroup have less than 6m. Is this valid? **NO.**
8. Regarding the criteria for 6m: “Distance: 6 meters *between each and every gymnast performing an exchange in the throw and/or during the catch (when it is intended as part of the choreography) valid one time per ED.*” (#2.2.6.3). Please clarify the intention of #2.2.6.3: **6m must be between those gymnasts exchanging with each other.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November 2018**

9. During an exchange, the gymnasts throw on a Balance Difficulty for 0.10, but the position is not held for one second: is the criteria of BD valid? **According to the principle of BD, if the shape is recognizable, the BD (criteria) is valid and the technical fault is 0.30.**
10. In case of ED with an imprecise trajectory penalty for 0.3 or 0.5, is the ED valid? **Yes (see #2.2.5 p.60).**
11. In the Group Exercise with 6 clubs and 2 hoops, is it possible to exchange only with clubs? **Yes, as long as the requirements for ED are respected.**
12. **Regarding #2.2.4: if a Group performs a Body Difficulty and then the same BD as criteria during an Exchange Difficulty, is this a repetition and therefore not valid? It is not a repetition; the BD (0.10) in the Exchange is only criteria and can be performed another time in the exercise as a BD**
13. **In a Group exercise with 5 ribbons: if a gymnast has a knot during the ED, is the ED valid? YES. See #2.2.5, p. 60 when ED is not valid.**
14. **For Exchange Difficulties: the criteria rotation \circ : must this be 180° or 360°? These criteria are always 360° unless specifically noted as 180 in the Code of Points.**

D3-D4

1. The minimum 2 transmissions for CC are for each gymnast or the by the Group? **It's not by each gymnast but the whole group must be in collaboration during the minimum 2 different transmissions.**
2. In CC: one transmission is with throw, and second is with a roll. Is it a valid CC? **YES; if only medium and small throw.**
3. A Group performed 2 minimum transmissions during a Collaboration (rebound, roll, etc.) but at the end of the collaboration one gymnast performed a large throw to her partner. Is this valid for CC? **NO**
4. Concerning #6.2.2: "All 5 gymnasts must be in a relationship either directly and/or by means of the apparatus." **Example: If 3 gymnasts are performing CRR, and the other 2 gymnasts are performing a different collaboration with each other independent from the CRR, this total Collaboration is not valid since not all 5 participate in one Collaboration, even though they are in subgroups: what is the intention of "different collaboration"?**
 - **"Different" means two different, separate collaborations happening at the same time in sub-groups, which will only be valid with some kind of link between the "different" sub-groups, in which case the lowest value performed will be valid.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated June and November 2018

- It is possible to perform a single Collaboration (Ex: CRR2), split into two 2 sub-groups (without a link) with the same identical type of movement (rotation, passing, etc.) who together fulfill the definition of the main Collaboration. Example: [Click here](#)
5. One gymnast performs CR outside the visual field, without hands, and the second gymnast performs a rotation but the apparatus thrown to her was after the rotation. Is this valid as CR, CR2 or not valid? **Only register what is seen and executed according to the definition: in this case it would be evaluated as a CR.**
 6. Throw under the leg of two or more apparatus at the same time in different directions during a jump or element of rotation: is this valid for outside the visual field? **YES.**
 7. *When passing over the apparatus, the apparatus may not be simply lying on the floor but must be raised at least to the knee level.* Is this requirement valid for apparatus that is moving along the floor? **Not required for apparatus moving along the floor**
 8. What if the apparatus is lying on the floor, is the collaboration valid? **Not valid**
 9. **A question about this note in #6.3, Table of Collaboration:**  **Note: a minimum of 3 clubs must be thrown or a minimum 1 club (2 clubs locked) + 1 additional apparatus must be thrown: is this note about 2 clubs locked only about clubs or for other “locked” apparatus like two ropes? Only for two locked clubs there must be the 2 locked clubs and another (because the locked clubs are like one apparatus).**
 10. **Please clarify if CR and CRR can be with “medium or large throw” as is specified for CRRR in #6.4. Yes, these Collaborations follow the same principle as Individual R (cannot be small throw).**
 11. **Further to the above, if a CR or CRR has a small throw, is this valid? NO.**

Artistic Execution

1. Is it correct that there is no penalty for missing a type of collective work? Previously we had in the penalty table: “For missing one or more types of collective work”. Does this mean that each composition does not need to have minimum 1 of each type of collective work? **It needs to have balance between different types of collective work.** Or does it mean that we use the penalty for “one type overwhelms...”, also in the case that one type is missing? **There is not a penalty for missing one, just a direction for balance. When one type is used in the majority of the exercise, this penalty for “one type overwhelms...” is applied.**



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

2. What if there is a “potpourri” or a mix of several different pieces of music and there is no clear “idea” about how these different pieces go together for one guiding idea, what is the penalty in Unity? See #4.1.1e, valid for Individual and Groups: « *Changes in the character in the music should be reflected by changes in the character of the movements; these changes should be harmoniously combined.*” If the changes in character do not respect point e, the corresponding Unity/Character penalty is taken according to the degree of fault in the Table.
3. During the exercise at any point, if one or more gymnast is without apparatus for more than 4 seconds, is there are penalty of 0.30? YES: #5 “*At the beginning or during the exercise, one or several gymnasts are without apparatus for more than 4 seconds*” (0.30).
4. If the gymnasts are out of synchronization, is this also a penalty of “rhythm?”: this will be also a penalty for “rhythm” only if the loss of synchronization results in one or several gymnasts visibly losing the rhythm/accents.

Technical Execution

1. All penalties for individual gymnasts, under “basic technique” are applied for Group? They are applied as described under #6, given each time, regardless of the number of gymnasts at fault (overall penalty).

0.10
Incomplete movement or lack of amplitude in the shape of jumps, balances and rotations
Travelling without throw: adjusting the body position



THE RHYTHMIC GYMNASTICS NEWSLETTER – N° 01
March, updated **June** and **November** 2018

0.10	0.30	0.50 or more
Loss of balance: additional movement without travelling	Loss of balance: additional movement with travelling	Loss of balance with support on one or both hands or on the apparatus
		Total loss of balance with fall: 0.70

2. For loss of apparatus it is clear that judges take only ONE penalty for the whole group, for the largest loss. The same is not written for imprecise trajectory or incorrect shape. With these faults, several gymnasts may be at fault, with different severity. Should judges apply the same principle as for loss of apparatus? **YES; because these are overall penalties, taken one time regardless of the number of gymnasts, so the penalty for the most severe fault is taken.**
3. Leap difficulty: One gymnast has incorrect shape more than 20 degrees (0,5), another gymnast has incorrect shape 15 degrees (0,3). Is the total penalty for this leap difficulty 0,5 or 0,8? **No, only 0.50.**
4. Exchange: Two gymnasts lose apparatus with 3 steps each. Total penalty 1,0. **Yes.**
5. Exchange: One gymnast loses apparatus with 3 steps (1,0), another throw has incorrect trajectory but the gymnast catches after 3 steps (0,5). Total penalty 1,0 or 1,5? **Yes - 1.50, these are different mistakes with different penalties.**
6. When two apparatus are lost in the same element, but successively, do we penalize only one time? Example: Two catches in CRR2 performed in rapid succession. **For each loss because they are not at the same time.**
7. When two apparatus are lost in different elements, but one loss is a consequence of the other loss, do we penalize only one time? **Each time because they are not lost at the same time.**