

NEWSLETTER – N° 32 – April 2026

1) Greeting from Christophe Lambert, President of the Trampoline & Tumbling Technical Committee

We are now well into the second year of the 2025-2028 Olympic cycle, and we have already seen impressive performances across our disciplines at the first two World Cups – in Baku (February) and Alkmaar (March). The third of the year's six events will take place in Arosa, Switzerland, in June.

As we continue to build towards the season's concluding competitions – the World Championships and the World Age Group Competitions / Junior World Championships in Nanjing, China, this November – this newsletter provides important updates from the WGYM T&T Technical Committee. These updates relate to judging, event bidding and qualification pathways, so please read carefully and share them with your national federation.

2) Changes to deductions for horizontal displacement in IND TRA and SYN

What is changing:

- We have revised the deductions for horizontal displacement (HD). The new scale increases deductions for larger displacements and introduces clearer thresholds between small, medium and large errors. The aim is to create greater separation in HD scores, so that performances are more accurately differentiated.

Valid until 31 October 2026

0.3	0.2		0.3	
0.2	0.1	0.0	0.1	0.2
0.3	0.2		0.3	

Valid from 01 November 2026

-0.50	-0.30		-0.50	
-0.30	0.1	0.0	0.1	-0.30
-0.50	-0.30		-0.50	

When the changes take effect:

- The revised HD deductions will come into force on 1 November 2026. They will therefore not be used during the 2026 World Cup Series. Instead, the updated deductions will be introduced at the 2026 World Championships, Junior World Championships and the World Age Group Competitions in Nanjing, China.

Why we made the change:

- Safety and welfare of gymnasts: Significant travel across the trampoline bed increases the risk of injury. By rising deductions related to large displacements more heavily, we aim to encourage safer technique and landings.
- Fairer scoring: The updated scale spreads HD marks more effectively, reducing score clustering and making meaningful differences in execution clearer. Now, the HD score could range from 5.0 points to 10.0 points, instead from 7.0 to 10.0 points

- Clarity for judges and coaches: The new thresholds are more explicit, which should improve consistency in judging and help coaches target corrections more precisely.

3) Bidding process for LA 2028 Qualifying World Cups – **CALL FOR BIDS**

The bidding process for the World Cup events forming part of the LA 2028 Olympic qualifying system will open in May 2026.

This process covers the 2027 World Cup series, and the 2028 Olympic Games Qualifying World Cups in both 2027 and 2028.

Key points for potential organisers:

- Deadline for bids: **30 June 2026**. All bids must be submitted by this date.
- Series composition: The qualifying pathway will include events from the 2027 World Cup series, along with designated LA 2028 Qualifying World Cups held in 2027. The WGYM Executive Committee will also include qualifying events in 2028, provided bids meet the required criteria.
- Allocation per federation: Wherever possible, each national federation will be allocated only one Qualifying World Cup across the 2027-2028 series, to promote fairness and wider participation.

How to bid:

- Full bidding instructions, technical requirements and the submission form will be available on the WGYM intranet after the EC Meeting in mid May. An official communication from the WGYM Office will be circulated to all National Federations.
- Your bid must indicate if you are applying to host:
 - A World Cup qualifying event for the 2028 Olympic Games in 2027
 - A World Cup qualifying event for the 2028 Olympic Games in 2028
 - A World Cup event for the 2027 World Cup Series (non-qualifying event)
- Please ensure your bid clearly addresses venue and equipment standards, as well as plans for broadcast or streaming, local logistics, and any other relevant details.

Selection and notification:

- Bids will be evaluated against the prescribed criteria. Successful hosts will be notified in due course following the Executive Committee meeting in July 2026, allowing time for detailed planning and coordination with the Local Organising Committee (LOC), World Gymnastics and the WGYM T&T Technical Committee.

4) Qualification route to the 2029 World Games

Following the excitement of the 2025 World Games in Chengdu, China, we are already looking ahead to the next edition, which will take place in Karlsruhe, Germany, in 2029.

The International World Games Association (IWGA) will announce the competition program during the coming months. Please note that qualification for the 2029 World Games will be determined through the 2028 World Cup Series. As outlined in the Technical Regulations, this represents a change from the previous qualification system.

Further details on the specific qualification criteria will be published in advance of the 2028 season.

We recognise that these updates will require adjustments from judges, coaches, organisers and gymnasts. The WGYM T&T Technical Committee remains committed to ensuring the safety and fair treatment of all competitors, while providing clear and consistent pathways to major events.

5) Events' calendar

18443	01-03/may	Cascais Beach Cup – Cascais, POR
18481 + 18482	05-06/may	African Championships – Tshwane, RSA
18543 + 18454 + 18455	21-24/may	Pan American Championships – Medellin, COL
18550 + 18551 + 18552	23-24/may	Asian Championships – Hong Kong, HGK
18300	25-27/jun	World Cup – Arosa, SUI
18495	25-27/jun	Nissen Cup – Arosa, SUI
18516	03-05/jul	Coimbra Gymfest – Coimbra, POR
18257	04-05/jul	World Cup – Coimbra, POR
18517	09-11/jul	Scalabis Cup – Santarém, POR
18302	03-04/oct	World Cup – Riccione, ITA
18306	17-18/oct	World Cup – Cottbus, GER
18189	04-08/nov	World Championships – Nanjing, CHN
18190	12-15/nov	Junior World Championships – Nanjing, CHN
18190	12-15/nov	World Age Group Competitions – Nanjing, CHN

6) Questions and answers

1) [TRI/TUM/DMT] There are still some doubts on the definition of stability upon landing, which can represent a source of variety in the Execution deductions. I present three cases in which the notion of stability is often dubious:

a) The gymnast gives one step back, stays stable in that position for three seconds, joins (correct) feet and turns to the judges in the same movement.

TC answer: 0.2 points deduction in TRA / 0.3 points deduction in TUM & DMT

b) The gymnast gives one step back, stays stable in that position for 1-2 seconds, joins (correct) feet, waits 1-2 more seconds and turns to the judges.

TC answer: 0.1 points for the step back + no deduction for returning to the correct position with the same foot

c) The gymnast holds a squat position during 3 seconds (0.1 deduction), stands upright, and turns to the judges in the same movement.

TC answer: only 0.1 points for holding the squat position

2) [TUM] A gymnast makes a backward, non-twisting, somersault at shoulder height (or below). The CJP considers it a whipback instead. Should a penalty of 2.0 be applied for not ending in a somersault (CoP, TUM #15.5)?

TC answer: No penalty. Backward elements performed as the last element will be considered as a back somersault, regardless being considered as whipback by the judges.

3) [TRI/TUM/DMT]. The CoP states a deduction of 0.5 in cases in which there is a touch with the hand on the landing floor/trampoline bed. The CoP states for TUM (#19.2.2.2) that this deduction should be given when the gymnast after landing, touches the track or landing

zone with one or both hands, with the feet in the landing zone/area. For TRA and DMT, this mention to the feet in the landing zone/trampoline bed is not mentioned.

a) Is the "with the feet in the landing zone/area" rule also applied for both TRA and DMT?

TC answer: Yes

b) Since the rule in the previous CoP, which imposed a 1.0 deduction each time the gymnast supported his/her own weight on the hand(s) to avoid a fall, is no longer included in the most recent edition of the CoP, it is understood that the deduction in such cases would now be 0.5. What happens, however, if the gymnast lifts one foot off the floor? My understanding is that if both feet are lifted while support is taken on the hands, the deduction should be 1.0, but the Code is unclear when only one foot is lifted.

TC answer: As long as one foot is touching the landing surface at all times, then landing deduction should be 0.5 points.

If you want to ask a question or comment on anything you consider important for Trampoline Gymnastics, please contact the WGYM T&T TC Vice President/Secretary (mvicentem@yahoo.es). You can also use the following QR code to ask your questions directly to the T&T TC:



You can also use the direct link to the form, if needed:

https://docs.google.com/forms/d/e/1FAIpQLSfUzU3zUbxT9xNJ-fH_KNJAvBAquV0DuOqeJMu_ZT332ap-PQ/viewform



Christophe LAMBERT
President, Trampoline & Tumbling
Technical Committee



Miguel VICENTE
Vice President, Trampoline & Tumbling
Technical Committee