



January 2014

To: All Member Federations

ERRATA FOR WTC NL #34 and Help Desk (4th edition)
by Mrs Nellie KIM, President of the Women's Technical Committee

Dear President,

Please find below the errata collected for the attached to the NL #34 section 7 and section 12 of the COP, the exercise recording sheet, Help Desk (4th edition; pages 8, 32, 54, 63).

NL #34

Section 7

7.4 Connection Value (CV)

Add: f) With the direct connection of three or more elements, the second element may be used –

- the first time as the last element of a connection and
- the second time as the first element to begin a new connection.

Section 12

12.5 Artistry & Choreography Deductions (*E- Panel*)

Add: ...variety and/or....

Now to read: Lack of variety and/or creativity of movements and transitions

12.7 Notes

Substitute the text with

- b) Some elements listed as mounts (rolls, handstands and holds) can be performed in the exercise (or vice-versa) but receive DV only once.

Exercise Recording sheet:

UB: Delete: "Empty" swing - 0.50

BB: Add: ...variety and/or....




Now to read: Lack of variety and/or creativity of movements and transitions




Help Desk

Page 9

7.4.1 Direct and Indirect Connections

Add symbol: 
 A + E direct cannot be awarded because   is not directly connected to 1st salto 

Page 32


 change to > 135° hip angle

Page 54

“Jump” from LB to HB: 0.50

Add words: Example 1 and Example 2

Example 2

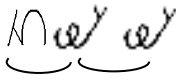
					
A	B	A	A	X	
					-0.50

Example 3

					
A	B	A	A	X	
					-0.50

Page 62

Combination of CV and SB

Correct: 1 st example: 

CV	0.10	0.10
SB	0.10	

For the FIG WTC,



Mrs. Nellie Kim, WTC President

- a) The FIG/WTC will evaluate concerning:
 - Difficulty Value of new vaults (vault group & number)
 - Difficulty Value of new elements
 - Connection Value
- b) The evaluation may be different in comparison to the value received at competitions other than Official FIG Competitions.
- c) The decision will then be communicated as soon as possible in writing to the
 - Concerned federation and
 - Judges at the Judges' Review Session (*Instruction*) or Judges' Briefing before the respective competition.

New vaults and elements may be submitted at all other International Competitions to the technical director and/or FIG Technical Representative. The evaluation and decision takes place in the technical discussions prior to the respective competition.

- a) The decisions have validity **only** at that respective competition;
 - however these should be forwarded by the technical delegate to the President of the WTC for review by the WTC at the next subsequent meeting of the WTC.
 - Such new elements, etc. will appear for the first time in the Code Update, only when they have been submitted, confirmed and also performed at an Official FIG Competition.

7.3 Compositional Requirements (CR) 2.50

Composition requirements are described in the respective Apparatus Sections. A maximum of 2.50 is possible.

- a) Only elements from the Table of elements may fulfill CR.
- b) One element may fulfill more than one CR; however, an element may not be repeated to fulfill another CR.

7.4 Connection Value (CV)

Connection value is to be achieved through unique and highly difficult combinations of elements on Uneven Bars, Balance Beam and Floor Exercise.

- a) Elements used for CV do NOT necessarily have to be among the

- 8 counting DV. All elements must be from the Table of elements.
- b) Connection Value on UB, BB and FX is evaluated at:
 - +0.10
 - +0.20
 - +0.30 (possible)
- c) Formulas for CV are described in the respective apparatus Part 3: Sections 11, 12 and 13
- d) Devalued Elements may be used for CV.
- e) In order to be credited, the connection must be performed without a fall.
- f) With the direct connection of three or more elements, the second element may be used –
 - the first time as the last element of a connection and
 - the second time as the first element to begin a new connection.

7.4.1 Direct and Indirect Connections

All connections must be **Direct**; *only on Floor* can acrobatic connections be **Indirect**.

Direct Connections are those in which elements are performed without

- a) hesitation or stop between elements
- b) extra step between elements
- c) foot touching beam between elements
- d) loss of balance between elements
- e) legs/hip extension on 1st element before takeoff for 2nd element
- f) additional arm/leg swing between elements

Indirect Connections (*only in acrobatic series on FX*), are those in which directly connected acrobatic elements with flight phase and hand support (*from Group 3, e.g. round-off, flic-flac, etc. as preparatory elements*) are performed between saltos.

The recognition of direct or indirect (FX) connections should be to the benefit of the gymnast.

The order of succession of elements within a connection can be freely chosen on BB, FX and UB (*unless there is a special requirement for CV recognition*)

Formulas for direct connections

ACROBATIC	
0.10	0.20
2 acro flight elements, excluding the dismount All connections must be rebounding* except when stated	
C/D + D (or more) (non-rebounding fwd only) C + C B + E	C/D + D (or more) B + D (fwd only) B + F
Connections of ** 3 or more acro elements (rebounding and non-rebounding) including mount & dismount (min. C) will be rewarded with a "Series Bonus" of 0.10	
<ul style="list-style-type: none"> • Starting from B + B + C (any order) • In addition to CVs for the formulas above • May repeat the same (flight or non-flight) element in the same connection to receive SB 	
<p>Example 1: B + B + C = +0.10 series bonus D + B + C = +0.10 series bonus</p> <p>Example 2: $\overset{C}{\curvearrowright} + \overset{C}{\curvearrowright} + \overset{C}{\curvearrowright}$ CV+0.1 CV+0.1 +0.10 series bonus Total CV + SB = 0.30</p>	

*Connections with rebounding effect develop speed in one direction:
Landing (on two feet) from the 1st flight element with hand support followed by an immediate take-off/rebound into the 2nd element, or landing from the 1st flight element (with or without hand support) on one leg and placing the free leg with an immediate rebound from both legs into the 2nd element.

**In connections of more than 2 elements, non-flight acro elements Min.B (except "Holds") may be used in order to receive the SB.

DANCE & MIXED (acro – flight elements only), excluding dismount	
C + C or more A + C (Turns only) D (salto) + A (dance)	D + D or more
D (salto) to 1 foot + A scale (This order & no step is permitted)	

Note: Turns may be performed on the same support leg, or with step into turn on opposite leg (brief demi-plié on one or both feet is permitted)

The following **B- acro elements** with hand support and flight

- flic-flac with legs together
- flic-flac with step-out
- gainer flic-flac
- round-off
- handspring forward

may be performed a 2nd time in the exercise to receive CV and SB, but may not be performed a 2nd time to receive CR.

12.5 Artistry & Choreography Deductions (E- Panel)


Faults	0.10	0.30	0.50
Artistry of Performance			
– Insufficient artistry of performance throughout the exercise including: <ul style="list-style-type: none"> • Confidence • Personal style 	X X		
– Rhythm & Tempo <ul style="list-style-type: none"> • Insufficient variation in rhythm & tempo in movements (no DV) • Performance of the entire exercise as a series of disconnected elements & movements 	X X		
Composition & Choreography			
– Lack of <u>variety and/or</u> creativity of movements and transitions	X		
– Lack of side movements (NO DV)	X		
– Insufficient use of entire apparatus: <ul style="list-style-type: none"> • Insufficient use of entire length of beam 	X		
– Missing combination of movements/ elements close to the beam with a part of the torso (including thigh, and/or head) touching the beam (element not necessary)	X		
– Mount not from the table of elements	X		
– One-sided use of elements: <ul style="list-style-type: none"> • More than one ½ turn on 2 feet with straight legs throughout exercise 	X		

12.6 Specific Apparatus Deductions (E-Panel)

Faults	0.10	0.30	0.50
- Poor rhythm in connections (with DV)	X		
- Pause (<i>more than 1 sec.</i>)/excessive preparation before elements	ea. X		
- Excessive arm swing before dance elements	ea. X		
- Poor Body posture throughout <ul style="list-style-type: none"> • <i>Body posture, head position</i> • <i>Feet not pointed/ relaxed, turned in</i> 	X		
- <i>Amplitude (maximum elongation of the body movements)</i>	X X		
- Additional support of leg against the side surface of the beam		X	
- Failure to meet the technical requirement of the element through use of additional support.		X	
- Grasp on beam in order to avoid a fall			X
- Additional movements to maintain balance	X	X	X
- No attempt to dismount*			X

*Dismount with fall:

- a) If the salto for the dismount has **not** begun (*no initiation of rotation*) and a fall occurs, or
- b) No attempt for DMT at all (*landing on feet or falling after landing on feet*)

Example 1:  jump off BB:

Evaluation:

- No CR (*D- panel*)
- No DV – count 7 elements only (*D- panel*)
- 0.50 No attempt to dismount (*E- panel*)
- Fall -1.00 or apply landing deductions if no fall (*E- panel*)

- c) If the salto for the dismount has begun and then a fall occurs:

Example 2:  begin salto, but failure to land feet first

Evaluation:

- No CR (*D- panel*)
- No DV – count 7 elements only (*D- panel*)
- Fall – 1.00 (*E- panel*)

12.7 NOTES

Falls – Acro and Dance Elements

Acro and Dance Elements must return to the beam with foot or torso in order to be awarded difficulty.

- a) **with** a landing on 1 or 2 feet or in prescribed position on the beam – the DV is awarded
- b) **without** a landing on 1 or 2 feet or in prescribed position on the beam – **No** DV is awarded (element may be performed again to receive DV)

Mounts

- a) Only one acro element may precede the mount
- b) Some elements listed as mounts (rolls, handstands and holds) can be performed in the exercise (or vice versa) but receive DV only once.

Holds

- a) Handstands (without turns) & holds must be held for 2 sec. when prescribed in the table of elements in order to receive DV. If the element is not held for 2 sec. and does not appear as another element in the Code, award 1 DV lower (*HSTD or hold position should be completed*).
- b) For CR, CV and SB “Hold” acro elements (*with flight*) may be used as the last element in an Acro series or mixed connection.

CV 0.1	0.2	CR	CV	0.1	0.2	CR	CV	0.1	0.2	CR		
D + D or more	D (flight → or ↗) + C or more on HB <i>Must be performed in this order</i>	HB ↘ LB	Acro Flight (no DMT) <i>All connections must be reb. except when stated</i>	C / D + D (non reb fwd) C + C B + E	C / D + D B + D (fwd dir) B + F	2 different Dance - 1 with 180° split / straddle	Acro Indirect	B / C + D A + A + D	C + E D + D A + A + E	2 different Dance - 1 with 180° split / straddle		
	D + E (both flight ele.)		Acro Series Bonus (DMT min. C)	B + B + C D + B + C			Turn (Grp 3)	Acro Direct	A + D C + C		A + E C + D	Salto Direction (F/S & B)
C/D with Turn or Flight		2 different Grips (No cast, MT, DMT)	Dance / Mixed Salto + Dance / Scale (this order) Turns	C + C D + A A + C	D + D	Acro Series (2 ele. 1 salto)	Mixed	D (salto) + B (dance) E (salto) + A (dance)		Salto with LA turn (min. 360°)		
		Non-flight with 360° LA turn (no MT)	<i>Confidence</i> <i>Personal style</i> <i>Rhythm & tempo in movements (no DV)</i> <i>Exercise as a series of disconnected elements & movements</i> <i>Lack of variety and/or creativity of movements & transitions</i> <i>Lack of side movements (no DV)</i> <i>Insufficient use of entire length of beam</i> <i>Missing combination of movements/elements close to beam</i> <i>Mount not from the table of elements</i> <i>+1 ½ turn on 2 feet with straight legs (throughout exercise)</i>	0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1		Acro Direction (F/S & B)	Turns	B + B (no step) D + B		Salto with Double BA		
		DMT				DMT	<i>Expressiveness</i> <i>Confidence</i> <i>Personal style</i> <i>Inability to play a role or a character throughout</i> <i>Exercise as a series of disconnected ele./movements</i> <i>Poor editing - no structure to the music</i> <i>Incorrect selection of movements for particular music</i> <i>Lack of variety and/or creativity of movements & transitions</i> <i>Insuff. use of straight lines, curves & changes of direction</i>	0.1 0.1 0.1 0.1 0.1 0.1 / 0.3 0.1 0.1		DMT	<i>Missing movement touching floor</i> <i>Missing min. 360° turn on one foot</i> <i>+1 ele to prone position</i> <i>Musical beats, rhythm, tempo</i> <i>Background music</i> <i>Synchronisation at end of exercise</i>	0.1 0.3 0.1 ea 0.1 / 0.3 0.5 0.1

										UB			DV				
										Acro	Dance	Total					
										.9 I				CR			
										.8 H							
										.7 G				CV			
										.6 F				D - Score			
										.5 E							
										.4 D				E - Score			
										.3 C							
										EXE		ART		.2 B			FINAL
										.1 A							

										UB			DV				
										Acro	Dance	Total					
										.9 I				CR			
										.8 H							
										.7 G				CV			
										.6 F				D - Score			
										.5 E							
										.4 D				E - Score			
										.3 C							
										EXE		ART		.2 B			FINAL
										.1 A							

										UB			DV				
										Acro	Dance	Total					
										.9 I				CR			
										.8 H							
										.7 G				CV			
										.6 F				D - Score			
										.5 E							
										.4 D				E - Score			
										.3 C							
										EXE		ART		.2 B			FINAL
										.1 A							



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With the direct connection of two or more elements, the second element may be used the first time as the last element of a connection and the second time as the first element to begin a new connection.



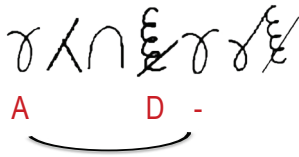
SECTION 7
Regulations Governing the D-Score

7.4.1 Direct and Indirect Connections

“The recognition of direct or indirect (FX) connections should be to the benefit of the gymnast.”

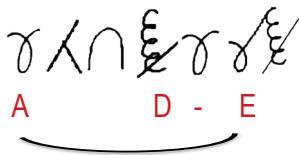
There are three options to give CV for this example:
Indirect A+A+D (0.10), Indirect A+A+E (0.20) or Indirect C+E (0.20)

Example 1



Indirect A+A+D = 0.10

(A+E direct cannot be awarded because are not directly connected to 1st)



Indirect A+A+E (or more) = 0.20

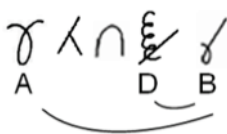
Additional CV of direct A+E = 0.20 cannot be given. An element can be used only twice in 1 CV and the counting is in chronological order.



Indirect C+E (or more) = 0.20

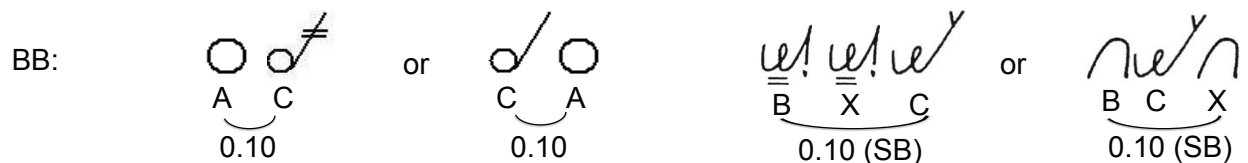
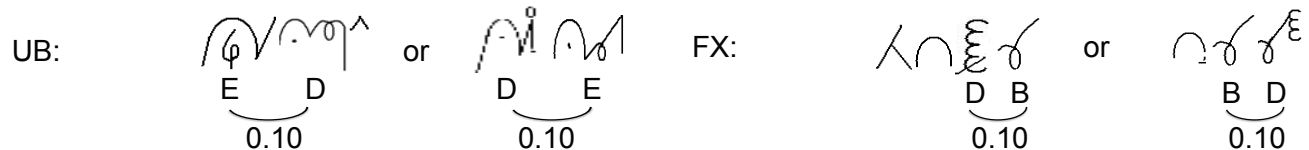
Additional CV of direct A+E = 0.20 cannot be given additionally. Cannot use "overlapped" CV.

Example 2



Give indirect A+D+B=0.10 or direct D+B=0.10. Cannot use for both principles and we must choose in favor of gymnast.

“The order of succession of elements within a connection can be freely chosen on BB, FX and UB (unless there is a special requirement for CV recognition).”





THE WOMEN'S ARTISTIC GYMNASTICS HELP DESK 2013-2016

Principle: Due to technical failure some elements may be considered a different element or do not receive any DV at all from the Table of Elements.

In these cases E- Panel must apply proper execution deductions considering intention of the gymnast when trying to perform the element.

Attempted element	Technical failure	Considered element	Execution deduction
	With <135° split		0.30 for insufficient split position
	With >135° hip angle		0.30 for one of both legs below horizontal
	With <135° split		0.30 for insufficient split
	Swing leg is bent		0.10 / 0.30 for bent leg
	When no ring shape, no arch and release of head		0.10 for open ring 0.10 for insufficient hip extension May also deduct for open legs. Do not deduct for bent legs.
	When no arch and release of head		0.10 for insufficient arch position 0.10 foot of back leg to shoulder height. 0.10 insufficient bent position of back leg (>90°) May also deduct for insufficient split.
	When no arch and release of head		0.10 for insufficient arch position 0.10 foot of back leg to shoulder height. 0.10 insufficient bent position of back leg (>90°) May also deduct for insufficient split.
	When no arch and release of head		0.10 for insufficient arch position 0.10 foot of back leg to shoulder height. May also deduct for insufficient split.
	When swing leg is bent		May also deduct for insufficient split. 0.10 / 0.30 for bent free leg.
	When swing leg is bent and only 1/2 turn is completed		May also deduct for insufficient split. No deduction for precision. 0.10 / 0.30 for bent free leg.

Example

SECTION 9
Technical Directives

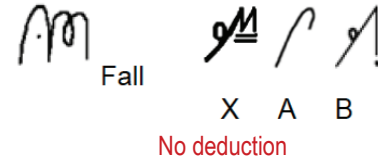


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After a fall, judging resumes as soon as the gymnast performs the first element. No deductions are taken for cast-squat on after a fall (this is not an element).



Example



- When hit the mat (consider as fall) - do not deduct for leg faults.
- When brush the mat and bend legs - deduct for brush mat and for bent legs.
- When a gymnast touches the bar with her thighs following a stoop through movement, deduct for brush or hit.



Case 1

- Application of deductions for intermediate swing:

0.50 for intermediate swing (1st time), -0.50 for intermediate swing (2nd time) + -0.50 for intermediate swing after back pull over.

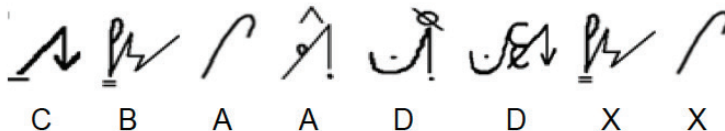


- "Jump from LB to HB: 0.50



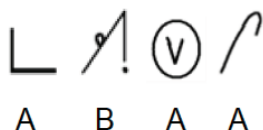
When an element is repeated, credit No DV, but NO deduction for bar change without performing element

Example 1

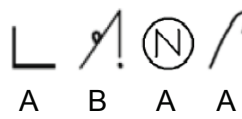


Deduct only for execution errors

Example 2



Example 3



If performed with bent legs, credit DV and apply deduction for bent legs.





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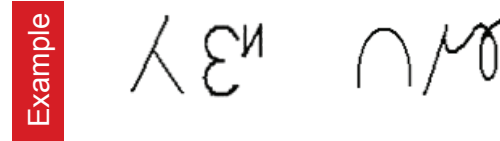
B + D: 0.20

Rebounding and **forward** only



B + F: 0.20

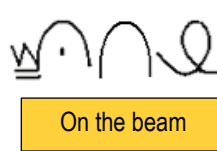
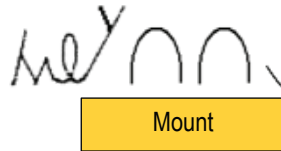
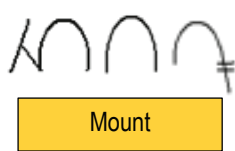
Rebounding only



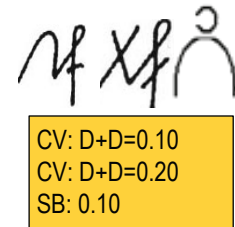
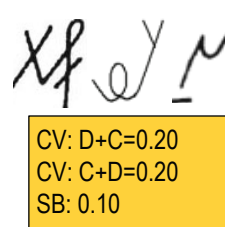
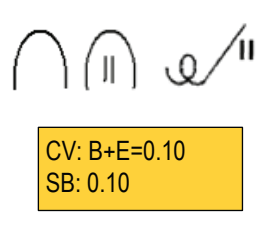
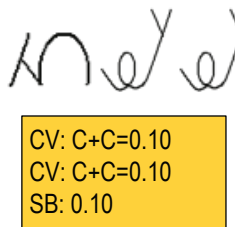
- Series Bonus: Connection of 3 or more acro elements



- Starting from B+B+C (any order)
- Rebounding or not rebounding connections.
- Mount, on the beam or dismount connections. Dismount minimum C-
- Non acro flight elements may be used (except holds)

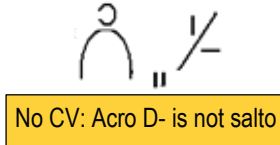
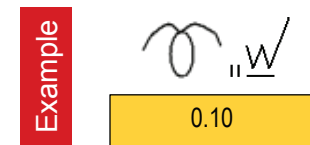


- Combination of CV and SB



- Dance and Mixed (acro - flight elements only), excluding dismount

D (salto) + A (dance): 0.10



12.5 Artistry & Choreography Deductions (E- Panel)

- Lack of side movements (no DV)



- There must be body movements displayed in side position.
- All body parts should be involved in the movements (at least a combination of leg & arm movements).
- As part of the combination of movements, there should be at least one **transitional** movement (eg. one in the same place with a movement of the arms and the other a moving transition in a space, or both moving transition in a space).
- All movements must be performed one after the other and not in different parts of the routine.

