



Minsk (BLR) / Lausanne (SUI)

To: All Member Federations

These technical directives/clarifications are presented to improve consistency and understanding in the judging process.

We ask that you kindly distribute this information to your WTC chairperson, national team coaches and FIG Brevet judges.

I. Section 8

8.3 Landing faults

- Gymnast lands after salto (on VT or DMT from UB or BB) and then rebounds immediately into salto fwd to stand
Execution of salto fwd after landing will be considered a fall (-1.00P).

Examples:

VT: Handspring fwd + salto fwd tucked, landing + salto fwd tucked after landing (-1.00P)

UB: DMT – underswing salto fwd tucked, landing + salto fwd tucked (-1.00P)

BB: DMT – salto fwd stretched, landing + salto fwd tucked (-1.00P)

VIDEO - <http://youtu.be/Cx9OnVjRFZA>

II. Section 9

9.1.1 Element Recognition

- Double salto bwd stretched: If gymnast grabs the thighs to assist with the performance of the second salto then it will be considered double salto bwd piked.

VIDEO - <http://youtu.be/vNR3e0PymkU>

III. Section 10

10.2 Run Approaches

Consider run approach during warm up when:

- Example 1 – Run Up Handspring, then immediately stand on table and salto – considered 2 attempts
- Example 2 – Run Up step/jump onto table then salto – this is considered 1 attempt
- Example 3 – Any run up on run way is considered an attempt (except run up on run way in the opposite direction to the VT table, before the official first attempt of warm up). It is important that gymnasts do not disturb each other's warm up.

For the Violation of Warm up rules – Deduction for flagrant exceeding of touch warm-up time (0.30) (*after warning*) will be incurred

Consider "Empty run" when:

- There is an increase in speed; not when there is one or two steps.



IV. Section 12

Clarification: Salto bwd Stretched (E/D);

- No body alignment deduction will be applied. Failure to maintain stretched body position may be applied.

V. Section 13

13.6 Specific Apparatus Deductions (*E- Panel*)

- Preparation for tumbling:

Clarification: There must be stylized body and arm movement in relation to the music.

Consider adjustment if:

- There are simple step/s, or run with arm movements, but without significant body movement
- Step/s bwd or fwd which are not needed (just to get to the corner and/or to accommodate for a pre acro line position)

- Pause:

- Consider Pause when gymnast is in the Stationary position with/without arm work (when **the arm work does not** demonstrate an expressive movement in connection with the style of the music) for more than one second.
Stationary position means when the gymnast stays on one or two feet (in Relevé, or not).

- Distribution of elements:

Exercise starts immediately with an acro line

Clarification:

- To avoid deduction, gymnast must move in the space (transverse movement) from or to the corner.

During weight shifting both feet should leave the carpet (at the same time or alternately, otherwise an introduction deduction will be incurred).

Subsequent acro line

- The deduction for Subsequent acro line ...should be applied each time it occurs in the exercise
- Choreography between two acro lines may include an element. But a single element is not defined as choreography, the element must be included in the choreography. There may be enough choreography between acro lines, but if the gymnast continues moving in the same direction, as acro line, there still will be a deduction for subsequent acro line.

If there is a Fall on the 1st Acro Line, and gymnast after the Fall performs subsequent acro line:

No deductions should be applied for:

- adjustment into the corner
- subsequent acro line
- pause
- 6th position

Note: if after the Fall the gymnast moves to the other corner and starts tumbling (all above mentioned deductions may be applied except for the subsequent acro line).



VI. Elements evaluation:

UB: 2.104 and 2.105:

- If performed with bent legs, recognize “A” with deductions for bent legs.

FX: 1/1 *illusion turn* (2.206)

- Hand placement on the floor means the turn finishes at the point of placement of the hand. During the turn gymnast does not go to **Relevé** (just performs slight heel elevation which is very difficult to see). Therefore dropping heel is not critical to the recognition of the skill. The completion of turn is determined by shoulders, hip positions and completion of the turn with free leg.

VII. Help Desk

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Ring Leap/Change leg Ring Leap (with/without turn)

- **Add:** Back leg position (more than 135°) – 1 DV lower (D panel)
Insufficient bent position of back leg (more than 90°) – 0.10 (E- panel)

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Preparation for Tumbling

- **Delete:** If she is not on two feet (6th position), but the second foot is close to the first on ball of foot – consider adjustment.
- **Delete:** in the example (in the yellow box): (second foot is close to the first on ball of foot)

For the FIG WTC and with best wishes,

Nellie KIM,
President of the Women's Technical Committee.