MTC NEWSLETTER #39



By Mr. Arturs MICKEVICS, President of the Men's Technical Committee. December 2021

The FIG MTC has made the following interpretations and clarifications regarding the 2022 MAG Code of Points at their November 2021 meeting in Lausanne. The information below responds to frequently asked questions since the CoP 2022 – 2024 was published and is separated into two distinct sections; new elements successfully performed since Newsletter #38 and Errata for the CoP 2022 – 2024 document.

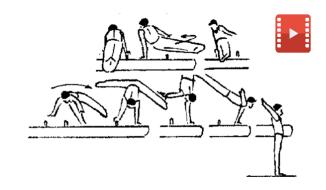
1. New Elements performed without a large error since Newsletter #38 was published.

The FIG MTC confirms the following new elements were successfully performed in 2021. MAG gymnasts may receive the name for a new element performed in an official FIG competition upon successful completion without a large deduction error.

POMMEL HORSE

Riley LOOS (USA)

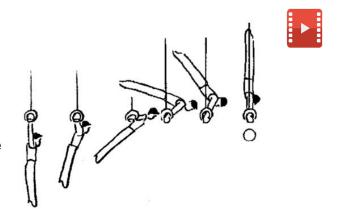
- Reverse stockli with hop backwards through handstand on another end.
- D value (EG IV 16)
- Performed successfully for value in the Qualifications of the 2021 World Challenge Cup, Koper (SLO)
- Name awarded: LOOS



RINGS

Andrea CINGOLANI (ITA)

- From hang vertical pull up support and press to handstand with straight body and straight arms.
- D value (EG II124)
- Performed successfully for value in the Qualifications of the 2021 World Challenge Cup, Koper (SLO)
- Name awarded: CINGOLANI



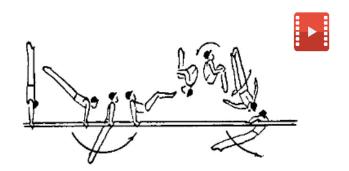
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PARALLEL BARS

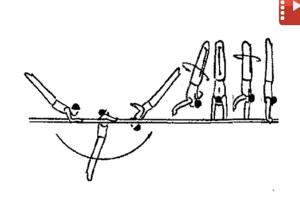
Noah KUAVITA (BEL)

- Double salto backwards with half turn to upper arm
- F value (EG I 48)
- Performed successfully for value in the Qualifications of the 2021 World Challenge Cup, Koper (SLO)
- Name awarded: KUAVITA



Illia KOVTUN (UKR)

- Back toss from upper arm with quarter turn to one rail
- C value (EG II 15)
- Performed successfully for value in the Qualifications of the 2021 World Challenge Cup, Koper (SLO)
- Name awarded: KOVTUN

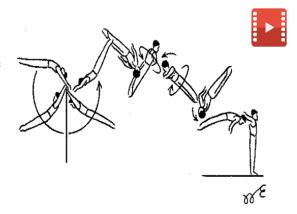


2. New Element named retroactively:

HORIZONTAL BAR

Guillermo ALVAREZ (USA)

- Double salto straight with 540 turn.
- E value (EG IV 17) already listed in the Code of Points
- Performed successfully for value in the Qualifications of the 2007 World Championships, Stuttgart (GER)
- Name awarded: ALVAREZ







3. ERRATA to CoP 2022 - 2024.

General part

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Article 9.4 E - Jury deductions

Error	Small 0,1	Medium 0.3	Large 0,5	
Deductions for aesthetic and execution errors				
Non-distinct positions (tuck, pike, straight).	+	+		
Poor posture or body position or postural corrections in end positions.	+	+		

Error	Small 0,1	Medium 0.3	Large 0,5	
Deductions for Technical errors				
Interruption in upward movement.	+	+		

The MTC has eliminated Large deductions for the errors mentioned above.

FX

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c) The full floor area must be used. There is no limit to the total number of times a diagonal may be used for acrobatic elements. However, the same diagonal may not be used more than 3 times in a row. If a gymnast does use the same diagonal 3 times in a row, they must then use a side-line to a corner of the Floor. However, if a gymnast wishes to use the same diagonal more than 2 times in a row, he must first complete an element from EGR I (minimum B-Value) after the 2nd use of that diagonal.

- Side line is < 12m. (Direction A-B, B-C, C-D, D-A)
- Diagonal is any other acrobatic line

In addition, the gymnast must go to and or from, each corner of the floor. If the final tumbling pass takes the gymnasts to- wards an unused corner, this will fulfil the requirement for that corner having been utilized. Failure to go to and/or from each corner, as defined, will result in a 0.3 neutral deduction taken by the D1 once during an exercise. Using the same diagonal 3 4 times in a row, in violation of the requirement stated above, will result in a 0.3 neutral deduction taken by the D1 once during an exercise.

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6. Additional information and regulations:

h) No extra elements may be added before or after element I.9482 for an increase in value.

Page 41 Article 10.3 Specific Deductions for Floor Exercise.

Error	Small	Medium	Large
	0,1	0.3	0,5
Using same diagonal more then 2 3 times in a row.		+ (once in the exercise)	

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EG I.9 V-sit (2 s) and press to hdst. (2 s.) also with strad. legs.

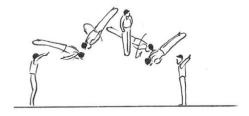
EG I.10 Manna (2 s.) and press to hdst. (2 s.) also with strad. legs.

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EG I. 45 Endo roll piked to handstand (2 s.). Also, final phase with straddle. Legs should be together

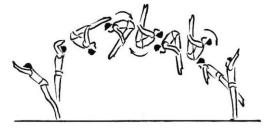
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EG II.48 Double salto fwd. tucked with 3/2 turn. ZAPATA moved to EG II.42 EG II.48 Double salto fwd. straight with 3/2 turn. **ZAPATA 2 H value**



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EG III.24 Triple salto backward piked. NAGORNYY I value



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PH

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a.10) Clarification concerning the start position for travels backward both hands on the leather.

d) Combined elements

- i. Flop type elements may include combinations of any of the following on one pommel: circle in side support, circle in cross support (with or without 1/4 turn), Direct Stöckli B, and/or Direct Stöckli A, Bertoncelj and 3/4 Bezugo EG II.81;
 - The DSA may only appear at the end of the sequence.
 - Bertoncelj and 3/4 Bezugo EG II.81 may only appear at beginning of the sequence.
 - Such combined elements (flops) can only be of D, E or F value (i.e. 3 or 4 elements).
 - As an exception a D flop performed in flair = E, and an E flop performed in flair = F. Only one such flop sequence may be used in an exercise for value. The following examples illustrate this rule:
- DSB + DSB + DSA = D value flop.
- Circle on one pommel +DSB+DSB+DSA=E value flop
- Bertoncelj + Circle on one pommel +DSB =E value flop
- ii. Combined sequences on one pommel of circle and/or Stöckli A or B, Bertoncelj and 3/4 Bezugo EG II.81 with Russian wendeswings. The circle and/or Stöckli B, can either precede or follow the Russian wendeswings (Bertoncelj and 3/4 Bezugo EG II.81 must precede) and must appear as 2 consecutive circle elements to be part of a two-flop Combined Sequence. The DSA may only appear at the end of the sequence. Only one of these combined sequences may be used during an exercise.

Russian		Flop	
		1	2
R18 or R27 (B)	+		D
R36 or R54 (C)	+	D	Ш
R72 or R90 (D)	+	П	F
R108 (E)	+	F	G

Bertoncelj/Bezugo 3/4	Russian		
+ Circle on pommel		R18 or R27 (B)	Е
+ Circle on ponnine	+	R36 or R54 (C)	F
	+	R72 or R90 (D)	G
	+	R108 (E)	Н

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Special repetitions:

- a) A maximum of two (3/3) cross support travels (forwards and/or backwards) are permitted during the exercise. This rule applies to the following eight travels ONLY:
- III.35 Travel forward in cross support over both pommels. III.36 3/3 cross support travel forward with hop.
- III.36 3/3 cross support travel forward with hop.
- III.39 Travel forward in cross support with support on leather, pommel, pommel, leather (3/3) (1-2-4-5)
- III.40 Any other travel forward in cross support to other end (3/3).
- III.41 Travel forward in cross support over both pommels.
- III.42 3/3 cross support travel forward with hop.
- III.45 From cross support on end, travel forward in 2 circles to 1st pommel, to 2nd pommel with 1/4 turn to side support on other end (3/3)
- III.51 Travel backward in cross support with support on leather, pommel, pommel, leather (3/3) (5-4-2-1).
- III.52 Any other travel backward in cross support to other end (3/3).
- III. 53 Travel backward in cross support over both pommels.
- b) A maximum of two Russian Wendeswings are permitted for value in an exercise, including the dismount. For Pommel Horse these special repetition rules are wider, any 2nd Russian Wenderswing element on the end including dismount or 2nd Russian Wenderswing element between pommels, considered as repetition.

The following examples illustrate this rule: Russian on the end 1080° + Russian 720° to wende = No value + C value. Russian between pommels 720° + Russian between pommels 1080° = No value + E value. Russian between pommels 360° + Russian on the end 1080° + Russian 360° to wende = C value + repetition no value + B value (dismount is counted first).

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- e) A maximum of two 3/3 travel with Spindle elements are permit- ted for value in an exercise. This rule applies to the following travels ONLY:
- III.23 From an end side travel with 2 x 1/2 spindle to other end.
- III.28 Cross travel forward 3/3 with 1/2 spindle from one pommel over the other pommel.
- III.29 Travel 3/3 over both pommels with 1/2 spindle.
- EG III.35 3/3 cross support travel in flair with 1/1 Spindle inside 2 circles
- g) A maximum of two Bezugo type elements, including combined and Handstands.
- h) A maximum of two Sohn type elements, including combined and Handstands.

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EG II.8 Circle with support outside pommels or between the pommels in side support.

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EG II.80 Reverse Stöckli, 180° or 270° (from one pommel) turn in one circle.

EG II.92 Czechkehr on the leather or pommels or pommel between hands.

Page 72

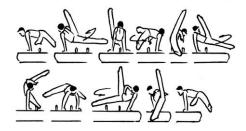
EGIII.14 – delete from CoP, EG III.8 – already covers this element.

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EG III. 29 Pictogram of KEIKHA 4 should be included.



EG III.35 3/3 cross support travel in flair with 1/1 Spindle inside 2 circles URZICA 2



EG III.35 Travel forward in cross support over both pommels. Moved to EG III.41

EG III.36 3/3 cross support travel fwd. with hop. DRIGGS Moved to EG III.42



Height 290 cm from the floor (an increase of 10cm from the 2017-2021 cycle).

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2. Jonasson/Yamawaki type elements should be performed with continuous movement and with shoulders above Ring height. If a clear support phase is shown the element will not be recognised and receive 0.5 deduction. In this case, the element cannot be split into





Honma and fwd swing to hang. These elements performed with a slowly will be recognised but with a medium or small deduction.

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Article 12.3 Specific Deductions for Rings

D Jury

Error	Small 0,1	Medium 0.3	Large 0,5
No swing to handstand.		+	
More than 2 times element Guczoghy	* and non-recognition by the D-jury		

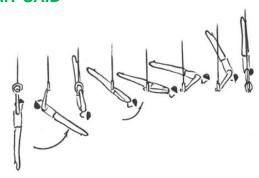
EG II 112, 113, 114, 118, 119, 120, 125, 126, 131 moved one row down.

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EG I.13 removed from CoP

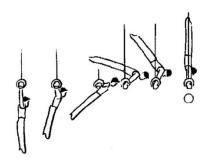
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EG II.113 Roll backward slowly with straight arms and body to handstand through swallow. **AIT SAID**



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EG II.124 From hang vertical pull up to support and press to handstand with straight body and straight arms. **CINGOLANI**

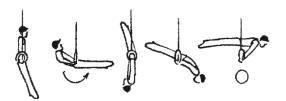


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EG III.82 Felge bwd. straight to free sup. scale. (2 s.)

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Page 99 EG IV.42 WHITTENBURG

VT

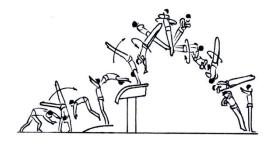
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Article 13.3 Table of Specific Errors and Deductions for Vault

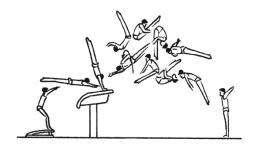
Repeating 1st vault group in Qualification or in Vault-Final.

Repeating a vault from the same group in Qualification or in Vault-Final.

421 Yurchenko str. with 7/2 t. **(Shirai 2) 6.0**



213. Hdspr. fwd. and salto fwd. p. w. 1/2 t. (Cuervo p.).



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Value for 410 should be 3,2

Value for 411 should be 3,6

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PB

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k) Performance expectations of basket elements with turns. Basket with full turn, III.108, should be performed direct to handstand and without an additional hand placement. Basket with half turn, included in III.107 should be performed with max only one placement before arriving in completed handstand. During this element the hand placement would be in undergrip in order for the turn to be completed without the need for an additional hand grip change. If the basket is performed with two or more hand placements it will be valued as III.106 basket with quarter turn.

4. Special repetitions:

a) Elements with saltos: an exercise can not include more than one body/regrasp position variation of the same element (within the same EG). In this case the element with the highest difficulty value will be counted for difficulty.

Some examples: - Morisue tuck or Morisue pike.

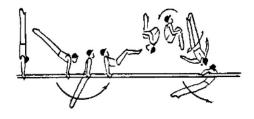
- Belle tuck or Belle pike.
- 5/4 Salto fwd straddled to up. arm hang or to bent arm support or through support to hang/directly to hang.

For clarification, the following elements collectively are included ##.47, ##.58, ##.59, and ##.65 | ||.53, |||.64, |||.65, |||.71, |||.77 in this rule.

- b) Maximum two Giant Swings through handstand (III. 21, 22, 28, 29 & 35). (III.21, III.22, III.29, III.30, III.42, III.46, III.48)
- c) Maximum two Basket Swings through handstand (III. 106, 107, 108, 114, 119, 120, 130, 131, 136, 137).

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EG I.48 Double salto backwards with half turn to upper arm. KUAVITA



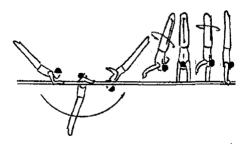
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EG I.95 5/4 salto fwd. strad. through support to hang or directly to hang. Page 125

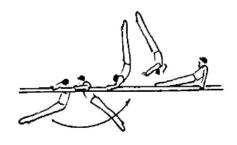
EG II. 15 Back toss from upper arm with quarter turn to one rail KOVTUN

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Page 126 EG II.46 Bwd. uprise and salto fwd. p. or straight to sup. Add picture of



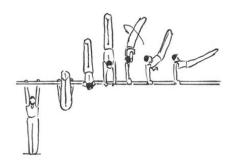
Page 130 EG III. 64, 65, 71, In descriptions of those elements MTC has eliminated or piked.

EG III.67 removed from CoP

Page 131
EG III.81 Glide kip to strad. cut bwd. to hang.
OKUBO

Page 133 EG III.131 Shoot up with ½ or 3/4 t. to hdst. **NGUYEN**

EG III.137 Shoot up to handstand and fall back to support with 1/4 turn. MALONE



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HB

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5. Special repetitions:

c) Only two Tkatchev or Piatti style flight elements are permitted. Only two Kovacs style flight elements are permitted. Three of the same style flight elements are only permitted if two one are is directly connected (to any style release)

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Article 15.3 Specific Deductions for Horizontal Bar

Error	Small	Medium	Large
	0,1	0.3	0,5
Entry angle deviation from handstand in Endos, Stalders and Weilers and Adler.	+	+	+

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EG II.3 Back up. and strad. hecht w. 1/2 t. to hang. also w. 1/2 t.

EG II.9 Markelov straight, also w. 1/2 t.

EG II.16 Tkatchev straight, also w. 1/2 t. to mix el-grip into back uprise to hdst.

EG II.18 Tkatchev straight with 1/1 t.

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EG II.29 Piatti straight, also w. 1/2 t. to mix el-grip into back uprise to hdst.

EG II.40 Salto fwd. straight, also from el-grip.

EG II.42 Salto fwd. straight with 1/1 t. also from el-grip.

EG II.48 Salto fwd. straight with 2/1 t. also from el-grip.

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EG II.95 Kovacs piked or straight.

EG II.96 Kovacs piked or straight with 1/1 t.

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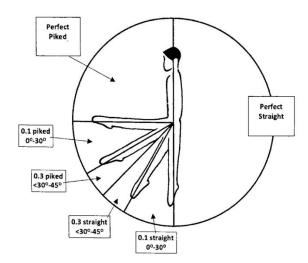
EG II. 102 Kovacs straight with 2/1 t.

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Appendix A
Additional Explanations & Interpretations

3. a) A perfect straight body position is one in which a line from the shoulders through the hips to the ankles is straight for static elements and straight or slightly bent forwards or backwards during dynamic elements. If the hip assumes a flexion of greater than 45° at any time during the element, it will be considered piked.



Additional pictogram to clarify positions.

Thank you to Koichi ENDO (JPN) for all illustrations

With compliments,

Arturs Mickevics MTC President

Jeff Thomson MTC Secretary